

Manifesting and Moving Forward

Great Spirit and Great Spirit Helpers, as are best,

Assist me in seeing, healing, transmuting, releasing and integrating as is best, in Pure Divine LOVE, all that had been blocking or limiting me (memories replaying, feelings/emotions, thoughts and beliefs). Help me to keep it so my desires, intentions, co-creations and manifestations are for my highest good, well-being within duality and for the highest good and well-being of all. *Thank You*

Great Spirit and Great Spirit Helpers, as are best,

Help me to keep it so that all my desires, intentions, and manifestations are in Harmony and alignment with Your Pure Divine LOVE. Help me to stay attuned to Your Pure Divine LOVE, LIGHT, greater joy, happiness, peace, ease, prosperity, abundance and fun. *Thank You.*

Great Spirit and Great Spirit Helpers, as are best,

- 1) Help me so my 'Heart Prayer', 'Mind Prayer' and 'Word Prayer' are always completely in harmony and attunement with each other and Your LOVE. *Thank You.*
- 2) Help me to always draw strength, wisdom, support and potential through You. *Thank You.*
- 3) Help me so I always remain fully connected with You. *Thank You.*
- 4) Help me to have total Faith and Trust in You. *Thank You.*
- 5) Help me to have completely accepted Your LOVE and Grace with thanks and gratitude. *Thank You.*
- 6) Help me to have totally healed, transmuted, released and integrated, as is best, all that had been blocking or limiting me. *Thank You.*
- 7) Help me to have fully surrendered to You and Your LOVE in order to bring all Your bounty into this world and incorporate this bounty into me and my 'reality'. *Thank You.*
- 8) Help me so that with each step our creative potential, in tune with LOVE, blesses, co-creates and manifests 'All That Is'. *Thank You.*
- 9) Help me to know and be fully aware that co-creation and manifestation begins with subconscious and conscious thoughts and choices. To co-create or manifest something here on earth the thought and choice comes first.

Sometimes the action is as simple as: have a thought and then say something or make an assessment based on the thought.

Other times the action is more obvious, such as when you get a new car . You first have the thought of a new car, then decide what kind of car you want, then figure out the finances, then go shopping, then pay for it.

For a garden you first have the thought of a garden. You then decide where, how big, what supplies you need and what you want to plant. You finally get the supplies and seeds or small plants, dig or build a raised bed, and plant. You will probably need to water the plants and maybe give them some shade.

For a job or source of income the process is the same. Thought followed by actions.

- 10) Help me to always have thoughts that are in full harmony and alignment with Pure Divine LOVE and help me to finish the manifestation by taking action too, as is best. *Thank You.*