

Explanation of What Makes Up “All The Aspects” Of DNA

Feelings, Emotions, Souls Echoes and Epigenetics

What if our genes were merely building blocks, and a greater intelligence was in charge of the physical as well as the unseen?

There is more to this ‘Greater Intelligence’ than mentioned here.

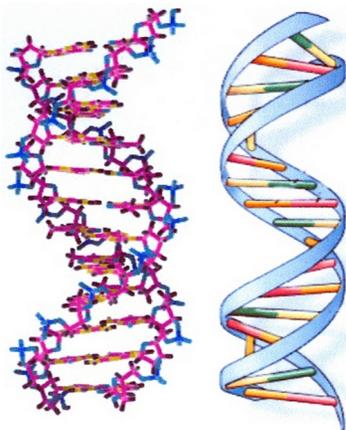
DNA (Deoxyribonucleic acid) provides the genetic information necessary for the development and reproduction of all living organisms and is often described as a genetic blueprint. Harmful mutations cause gene-based diseases. All of the cells within a complex multicellular organism such as a human being contain the same DNA; however, the body of such an organism is clearly composed of many different types of cells. What, then, makes a liver cell different from a skin or muscle cell and what affects the DNA?

What causes one part of the body to be healthy and another part to be diseased? What causes emotional and mental instability? What causes “blocks” to a higher, loving intelligence? It can be a chemical or nutritional imbalance or a physical injury. It can also be energetic up to the soul level and beyond.

“DNA **and all its aspects**” refers to the physical DNA, RNA, Soul Echoes and Epigenetics as explained below, as well as everything that effects gene expression, emotions and even more that is beyond words. Scientists use the term "double helix" to describe DNA's winding, two-stranded chemical structure. If untwisted, DNA looks like two parallel strands. One strand is complementary to the other.

The structure of DNA is illustrated by a right handed double helix.

Two images of how it is often depicted are below.



“Soul Echoes”

“Soul Echoes” can be positive and pleasant and these can be left in place without attachment.

“Soul Echoes” that affect us adversely are distortions and blocks from the immediate and ancient past. They need to be cleared and deenergized for us to reach our full potential and to be as healthy and joyful as possible. They include *miasms*, ‘*cellular memory*’, ‘*Imprints On The Luminous Energy Field*’, *memories replaying*, *beliefs*, *thoughts*, *thought forms*, *feelings*, *vows*, *oaths*, *covenants*, *promises*, *agreements*, *concepts*, *attitudes*, ‘*truths*’, and *contracts* that are no longer in harmony with our highest good and well being. Some of these are personal, some are between you and another person or soul and some are between you and God. All of these, and more, can be thought of as “**Soul Echoes**” to be released. There is no need to forget them. Keep the information and clear, release and dissolve the patterns and associated energies.

Transmuting “**Soul Echoes**” and embodying higher identity levels allows clearing and healing of the DNA and activation of higher DNA strands **and all its aspects**. The activation of higher strands initiates a realignment in a person's life direction and physical health towards a more harmonious and joyful path.

“**Soul Echoes**” in your conscious, subconscious and unconscious fields or awareness that you are living by affect all aspects of your being. Some are over thousands of years old. These “**Soul Echoes**” create and magnetize lower frequency events and experiences in our current incarnate reality and cause the mutations in our physical DNA. Physical toxins and impurities from our environment and diet can also cause disease and damage to the DNA.

Our current life situations are not only created through our past and present choices. We inherit “**Soul Echoes**” from our other lives, parents and ancestors at conception through the DNA and EpiGenetics. We also inherit them from Mother Earth and the collective. Since we have simultaneous incarnations in different time/space zones which are all connected to one DNA template, we also have karmic bleed through from our soul extensions (parallel selves) which are still in incarnation. An example of this is that karmic bleed through can manifest as physical symptoms being experienced that are not in truth your own. If another soul extension (parallel self) is experiencing something, you can be experiencing this same ‘thing’ through your physical body.

Feelings and emotions: Feelings and emotions may or may not be ‘Soul Echoes’. In some way the ‘Soul Echoes’ are held in place by emotions and *feelings* and the emotions and *feelings* are energized by the ‘soul echoes’.

When we clear, heal and release feelings, emotions and ‘Soul Echoes’ we also in some way clear the DNA template and clear the time line and destiny of all our selves.

Allow the highest priority **Trapped Feelings, Emotions and ‘Soul Echoes’** to clear as Spirit chooses.

The clearing of the DNA template progressively purges ancient distortions and mutations within the gene codes.

Feelings, emotions and ‘Soul Echoes’ can trigger the expression of DNA strands.

Clearing **feelings, emotions and ‘Soul Echoes’** can also clear and resolve phobias, and blocks to your mental, emotional and spiritual health as well as limitations and ‘lack’.

You can even affect you car, computer and other inanimate ‘things’ with **feelings, emotions and ‘Soul Echoes’**. Just ask someone who believes their computer will crash when Mercury is in retrograde.

Once this negative ‘data’ is removed any resulting voids need to be filled.

Epi-Genetics

as well as **Trapped feelings, emotions and ‘Soul Echoes’** affects the DNA **and all its aspects** .

Epigenetics is a scientific field of study. Two good sources of information are mercola.com and the University of Massachusetts.

Trapped feelings, emotions and ‘Soul Echoes’, diet, quality of our physical environment, exercise or lack thereof all affect Epi-Genetics.

Epigenetics literally means "above" or "on top of" genetics. It refers to external modifications to DNA that turn genes "on" or "off." These modifications do not change the DNA sequence, but instead, they affect how cells "read" genes.

Epigenetics is the study of potentially inheritable changes in gene expression (active versus inactive genes) that do not involve changes to the underlying DNA sequence — a change in phenotype without a change in genotype — which in turn affects how cells read the genes.

The epigenome is a multitude of chemical compounds that can tell the genome what to do. The human genome is the complete assembly of DNA

What makes up the epigenome?

The epigenome is the set of chemical modifications to the DNA and DNA-associated proteins in the cell, which alter gene expression. The modifications can be altered in response to environmental exposures, disease, thoughts, beliefs and emotions.

There are different types of epigenetic marks, and each one tells the proteins in the cell to process those parts of the DNA in certain ways.

There is no doubt there are many marks we don't even know about yet.

You actually have a tremendous amount of control over how your genetic traits are expressed by changing your thoughts and altering your diet and your environment.

The work of Dr. Bruce Lipton and other epigenetic researchers shows that the “environmental signals” also include thoughts and emotions—both of which have been shown to directly affect DNA expression.

Quantum physics shows us that the invisible, immaterial realm is actually far more important than the material realm.

This new science reveals that your perceptions control your biology. If you can change your perceptions, you can shape and direct your own genetic readout.

You are in control of your genes ... You can alter them on a regular basis, depending on the foods you eat, the air you breathe, the thoughts you think and your emotions. It's your environment and lifestyle that dictate your tendency to express disease or health. In fact, your thoughts may shape your environment far more than physical matter.

It's interesting to note that the word ‘spirit’ by spiritualists, and the word ‘field’ by physicists, use the same definition for those two words.

Epigenetics Controls Genes. Certain circumstances in life can cause genes to be silenced or expressed over time. In other words, they can be turned off (becoming dormant) or turned on (becoming active).

Epigenetics Is Everywhere. What you eat, where you live, who you interact with, when you sleep, how you exercise and even your conscious and unconscious thoughts – all of these can eventually cause chemical modifications around the genes that will turn those genes on or off over time. In certain diseases, various genes are switched into the opposite state, away from the normal/healthy state.

Epigenetics Is Reversible. We can reverse the gene's state to keep the good while eliminating the bad...

Trapped feelings, emotions and ‘Soul Echoes’ affect EpiGenetics and all affect RNA, DNA and Gene Expression. Thus, they also affect health and emotions.