

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

Feelings Buried Alive (updated 9/12/21)
Short Explanation (pages 1-4)

Fill In The Blank Script (pages 5 and 6)

Samples (pages 7 - 25)

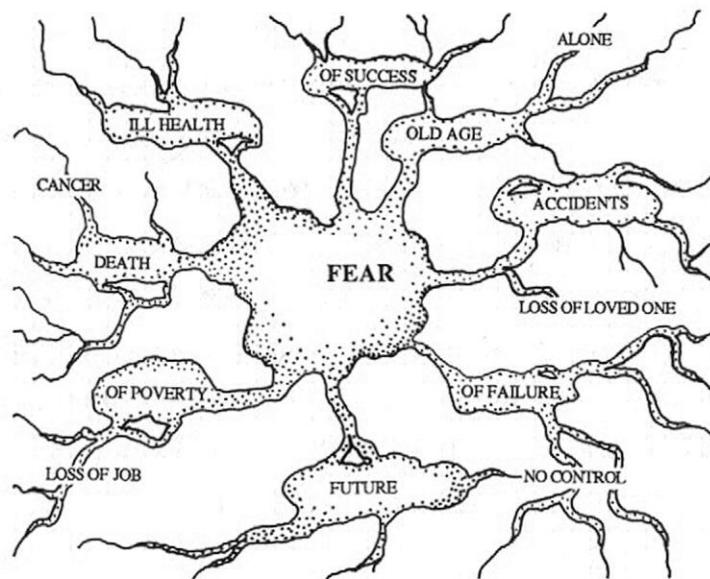
Negative Feelings/Thoughts With Corresponding Positive Feelings Pages 26-51)

And

Illnesses With Feelings That May Be Contributing To Or Even Causing Them (pages 52-83)

If you are sincere in your desire to overcome any hatred or other negative feeling you may be carrying around in your heart, but are having a difficult time accomplishing this, may I suggest that using the Script is one of the best avenues you could take to changing that negative energy inside you. Be specific in stating who or what you feel negative toward. You may even want to make a long list of them, then take each one through the Script one at a time, especially if the hate is old and deep-seeded. If you don't know why you are afraid, guilty, angry, etc it can help to just do the script for fear, guilt, anger, etc.

All Negative feelings and emotions including anger, hate and desperation can be summed up as fear.



FEAR is the dark room where all the negatives are developed.

As you process your feelings, you may find the change you had hoped for is not forthcoming. Oftentimes you are dealing with unresolved generational (ancestral) feelings and trauma, as well as your own and they can be many layers deep. You usually have no conscious awareness of what they are or from whence they came. Just keep digging by processing negative feelings and thoughts daily.

Note the word *consciousness*. When a person is willing to be *conscious*, to recognize and OWN the negative *feelings* that have been buried alive: these feelings - these vibrations - can then be dramatically transformed

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by embracing positive opposite feelings. This, in turn, engenders a new and higher vibratory environment within. This new, healthier, higher vibratory environment initiates a restructuring and reordering that begins the clearing and healing process.

The body and soul have their own priority as to what needs processing next. Sometimes what YOU may consider a priority is not in agreement with the body. Consequently, you could experience "hit and miss" until you finally hit the mark and start realizing results. When dealing with major feelings (i.e. Fear) be aware of any associated issues and be willing to look at them also, as shown in the illustration above.

By always worrying about others and trying to meet everyone else's needs or expectations, the child or adult shuts down their own feeling system to the point of not having any sense of who they are or where they are going. They thrive on constant outside approval. In fact, they NEED it! But, when outside approval is not forthcoming, this compounds the disapproval of one's self. Ironically, in reality, it's this disapproval of Self that creates the lack-of-approval from others. Because it's impossible to make things *right* for everyone else, he/she then views him/her self as incapable, unimportant and as a worthless failure.

Sooner or later though, the erroneous programming with its resultant negative feelings which have been trapped inside since childhood or any other time----those feelings that are in the cell memory, at the core,----finally come to the point where they have to be recognized and acknowledged in order to correct or alter the behavior patterns. If this never happens, the person will be miserable emotionally, all his life.

When painful (negative) feelings and thoughts are getting stuffed deeper and deeper inside because there is no release, no outlet, no resolution for them. How long can a person continue stuffing and storing before the "container" is full and there is no room left to stuff anymore?

When the psyche is no longer able to endure further stuffing and non-resolution of the pain and the hurting, the personality of the hurting person is often driven to split - to literally become another personality, another identity. At this point they retreat into their own make-believe world which is totally apart from the real one--rather than suffering in their old painful world.

At this point - NOW - it is imperative that we be willing to leave *denial* behind, acknowledge our own *truth* and wipe the slate clean of negatives so we can go about clearing and healing our hurting Soul - thus rescuing, our True-Self.

When a thought and/or feeling is harbored (in whichever order), germination takes place and an energy is naturally released into the forces of creation. It can be suppressed for a while or come out as an emotion. Either way, it needs to be addressed.

There are two sides to the brain. The thinking/logical/conscious side and the feeling/subconscious side.

When the two sides of the brain are not in agreement it is called double minded. There is inner conflict or war, and that conflict will remain in place until agreement is reached -- until both sides of the brain come together ("single minded").

In order for us to experience in life what we THINK we desire, the THINKING and the FEELING have to be the same. If the FEELING is not the same as the THINKING, then we need to align the FEELING and THINKING so they are the same. After we align the THINKING and the FEELING so they are the same, we become "single minded". Until we accomplish this, we are double-minded and life works against us.

Do you recognize the importance, now, of being "single minded"?

If we want to locate what we feel and think in regard to a particular belief, we can perform a muscle response test (kinesiology).

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As an example, we could ask a person who would like a greater income if he THINKS he desires an income of \$100,000 or more a year the test arm will hold strong. Now, let's ask that same person if he FEELS he desires an income of \$100,000 or more a year. Unless his thinking and feeling are the same, his arm will go weak on the muscle response test. Perhaps it goes weak because he FEELS he doesn't deserve \$100,000, or he can't be a good person if he earns \$100,000, or he does not have the capability of earning \$100,000 in a year. The point is, the thinking and feeling are not together. THE FEELINGS, WHICH ARE IN THE MIND-HEART, ALWAYS WIN. THE PRAYER OF THE HEART IS ALWAYS ANSWERED!!

Did you ever wonder why positive affirmations work for some people and not for others? For those who do not experience results, it's because the feeling and the thinking are not together. And for those who *do* experience results, it's usually because their feeling and thinking *are* together. When the feeling and thinking are not together it will usually take a long time, but if a person continues saying affirmations long enough, it *is* possible for the feeling and thinking to come together and effect a change. It's called, once again, becoming "SINGLE MINDED". Another way to describe this phenomena is that we become integrated, bringing together the thinking, conscious left brain, with the feeling, sub-conscious right brain, so that the two sides of the brain are no longer separate, but have become a whole, compatible unit. When we establish this unity, real power is created.

Answers often come immediately when we are "single minded" in our requests. This explains why some people receive answers to prayer and others do not. The people who receive answers are "single minded". They not only THINK God will answer, they FEEL God will answer, which adds up to KNOWING. Everyone who asks with the heart receives answers. Being able to do this unlocks an unlimited force in our life! However, in order to bring this about it is essential that we be willing to own our negative feelings and thoughts without blaming or shaming ourselves or anyone else, and honestly look at the issues in our life. If we don't do this we are not being true to ourselves. We are laboring in self-deception or shame. And there is no place for self-deception or shame in this process.

Are you able to identify your feelings? Most feelings are registered on a subconscious level, so when you get in touch with your feelings, you are also in touch with your subconscious.

The conscious-mind only functions in the past and its illusion of the future, whereas;

The sub-conscious mind functions in the "NOW." Even though to most of us it is either invisible or not lovingly guided by our conscious mind, **the subconscious mind is in reality the all-knowing and much more powerful mind that creates our reality.**

It is essential that you mean what you say and say what you mean when you replace the negative with the positive, for the effectiveness of your processing will be in direct proportion to the sincerity and intent of your heart.

When we look at the negative feelings we "buried" and participate in processing ---- by using the Script to clear, resolve and heal those negative feelings ---- little by little we will be relieved of feelings, thoughts, emotions, attitudes, and beliefs that contribute to co-dependency, dysfunction and addictions. Remember feelings, thoughts and thought forms can be inherited/ancestral.

Anytime you are 'stressed out' notice the feeling(s) and address them. Pay attention to phobias. They are caused by old feelings and thoughts.

Glenn's note: I believe it is also possible that this clearing can lead to physical healing. Sometimes it does and sometimes it doesn't.

The feelings list is designed to assist you in replacing negative feelings and thoughts with positive feelings and thoughts while Scripting.

The main point to keep in mind is that we are striving to BE the human Being we intrinsically are.

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Nevertheless, it is necessary that we *choose* the characteristic we desire before we can *Be* (I AM) that characteristic.

In affirming something it is difficult for our psyche to jump to the I AM before it consciously *chooses* that characteristic. Then, the *feeling* is the bridge between the *choosing* and the I AM.

Thus, the suggestion:

I CHOOSE, I FEEL, I AM.

Glenn's note:

It is extremely important to keep the "I Choose", "I Feel" and I AM' statements positive. Do your best to avoid using words such as 'stop' or 'quit'.

The "I choose" statements are instructions for your conscious/thinking mind. In my case I am instructing Glenn.

The "I feel" statements are **instructions for your subconscious mind** (Unihipili in Hawaiian). The Unihipili is much like a young child. It tends to dislike change. It also dislikes work. It likes fun and excitement and needs to feel safe and loved. Do your best to give it something to look forward to and remember ,it, like a small child, looks at the short term.

Most often, when we make a change in our life, we focus on what we have to give up: We "lose" weight; we "give up" smoking, alcohol, or another drug, we "end" a relationship. But the moment we end one thing, we begin another: In losing weight, we gain lightness; in giving up smoking or other drugs, we enhance our health and vitality and form a new relationship with ourselves and with reality; in ending a relationship, we may open the space for a more fulfilling one. ***Choice involves giving up something we want for something we want more.*** Usually, a part of us wants to change, and another part doesn't. Change is not all good or all bad. Whether change feels easy or difficult depends upon where we put our focus and energy. Contemplating what we "have to give up" puts our subconscious into strong resistance. By focusing on the benefits we will gain the cooperation, energy and support of our subconscious if it finds these benefits appealing.

The "I am" statements are updating your higher self as to your intention.

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This can be printed two sided. You may want to read the free PDF titled “Soul Echoes”, Epigenetics, Feelings and Emotions” available at www.twochoices.net before doing this script.

This is not a prayer. It is instruction to aspects of yourself including your subconscious.

You are also letting the subconscious know that it is ok and time to clear, let go of and resolve the negative feelings, thoughts and “Soul Echoes” and replace them with the appropriate positive counterparts.

You should notice a shift in yourself. If the feelings, thoughts and “soul Echoes” are still there, even if they are weaker, you may need to repeat this clearing or reword it slightly.

Find a comfortable, quiet place where you can sit, relax and close your eyes. Say a short prayer if you wish. Take a deep breath through your nose and let it out slowly through your mouth. Take another deep breath the same way, only this time hold your breath at the top of the full inhalation for three counts, then let it out slowly through your mouth. (This accesses both sides of the brain.) You are now ready to begin.

Scripting for:

The text box below is where to list the negative feelings, problems and limitations you want to clear and heal.

Be specific if there is something specific you want to clear. For Example instead of “anger” you could say “Anger towards person, place, company”

***** **SCRIPT** *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes”

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

OVER

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I CHOOSE



I FEEL



I AM



It is done. It is cleared and healed. It is accomplished now!
Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

Examples

EXAMPLE 1

Scripting for FAILURE PROGRAMMING TO SUCCESS PROGRAMMING

This is not a prayer. It is instructions to higher aspects of yourself.

You are also letting the subconscious know that it is ok and time to clear, let go of and resolve the negative feelings, thoughts and “Soul Echoes” and replace them with the appropriate positive counterparts.

You should notice a shift in yourself. If the feelings, thoughts and “soul Echoes” are still there, even if they are weaker, you may need to repeat this clearing or reword it slightly.

Find a comfortable, quiet place where you can sit, relax and close your eyes. Say a short prayer if you wish. Take a deep breath through your nose and let it out slowly through your mouth. Take another deep breath the same way, only this time hold your breath at the top of the full inhalation for three counts, then let it out slowly through your mouth. (This accesses both sides of the brain.) You are now ready to begin.

Scripting for

(1) FAILURE PROGRAMMING
CHANGE TO TO SUCCESS PROGRAMMING (updated 8/29/21)

I've found with me ~~that you can't expect to succeed if you are programmed to fail~~ for you, unless you change your programming it will continue to sabotage you and your progress will be impeded.

Doing this script does not necessarily mean that all of a sudden you are going to go out and succeed in everything you do. It is still necessary to observe and adhere to correct principles in your feelings and thoughts in order to succeed. However, reprogramming yourself to succeed opens up the channels to help eliminate the saboteurs that have been keeping you from meeting your desired goals. Be aware that you may also have other specific negative feelings you need to address where success is concerned.

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

that cause me to expect to fail.
that cause me to continually fail.

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit's truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

OVER

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Do it according to Great Spirit's preference until I am filled with light and truth, filled with Spirit's peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and "Soul Echoes".
With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

I CHOOSE

to succeed

I FEEL

successful
myself succeeding

I AM

successful
succeeding

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

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EXAMPLE 2

Scripting for **LOVING AND LIKING MYSELF**

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

that keep me from liking and loving myself

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

I CHOOSE
to like myself
To love myself.
to give myself permission to like and love myself.

I FEEL
I like myself.
love for myself.
worthy of this love.

I AM
liking myself.
loving myself.
giving myself permission to like and love myself.

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

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EXAMPLE 3

Scripting for **ACCEPTING MYSELF**

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

that keep me from accepting myself

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

I CHOOSE to accept myself unconditionally.
To give myself permission to accept myself.

I FEEL acceptance of myself.
worthy of this acceptance

I AM accepting myself
giving myself permission to accept myself.

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

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EXAMPLE 4

Scripting for FEELING GUILTY WHEN I STAND UP FOR MYSELF

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

that cause me to feel guilty when I stand up for myself

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

I CHOOSE

To stand up for myself.
To come to my own defense when appropriate.

I FEEL

perfectly within my rights when I stand up for myself.
it is my right to stand up for myself whenever necessary and appropriate
that I AM a worthwhile human Being and I deserve to stand up for myself.
peace of mind each time I stand up for myself.

I AM

standing up for myself.

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

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EXAMPLE 5

Scripting for **TRUSTING MYSELF**

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

that keep me from trusting myself

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

I CHOOSE

to trust myself implicitly
To give myself permission to trust myself

I FEEL

total faith and trust in myself.
worthy of this trust.

I AM

trusting myself.
my best supporter.
giving myself permission to trust myself

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

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EXAMPLE 6 Scripting for SMOKING

Added by Glenn to show how you can make your own script specific to yourself.

***** SCRIPT *****

This is not a prayer. It is instructions to higher aspects of yourself.

You are also letting the subconscious know that it is ok and time to clear, let go of and resolve the negative feelings, thoughts and “Soul Echoes” and replace them with the appropriate positive counterparts.

You should notice a shift in yourself. If the feelings, thoughts and “soul Echoes” are still there, even if they are weaker, you may need to repeat this clearing or reword it slightly.

Find a comfortable, quiet place where you can sit, relax and close your eyes. Say a short prayer if you wish. Take a deep breath through your nose and let it out slowly through your mouth. Take another deep breath the same way, only this time hold your breath at the top of the full inhalation for three counts, then let it out slowly through your mouth. (This accesses both sides of the brain.) You are now ready to begin.

Scripting for SMOKING (added by Glenn and specific to Glenn) (updated 8/27/21)

The text box below is where to list the negative feelings, problems and limitations you want to clear and heal. Be specific if there is something specific you want to clear. For Example instead of “anger” you could say “Anger towards person, place, company”

*****SCRIPT*****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes”.

That cause me to smoke.

That keep me smoking.

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

OVER

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
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I CHOOSE

To accept and experience what is best moment to moment
To know what to replace smoking with
To enjoy the positive/loving/fun replacement for smoking
To let go of the habit
To let go of the addiction
To let go of Craving and Compulsion
To Control my choices and habits as is best
To allow myself to see, face and feel all it time for me to see, face and feel
To see, face and feel all it is time for me to see, face and feel
To be free of ALL addictions, compulsions and habits that are out of harmony with my highest good, health or any part of my being
I choose to be a non-smoker

I FEEL

I accept and experience what is best moment to moment
To know what to replace smoking with
To enjoy the positive/loving/fun replacement for smoking
I let go of the habit
I let go of the addiction
I let go of Craving and Compulsion
Able and willing to Control my choices and habits as is best
I allow myself to see, face and feel all it time for me to see, face and feel
I see, face and feel all it is time for me to see, face and feel
To be free of ALL addictions, compulsions and habits that are out of harmony with my highest good, health or any part of my being
Like a non-smoker

I AM

Accepting and experiencing what is best moment to moment
To know what to replace smoking with
To enjoy the positive/loving/fun replacement for smoking
Letting go of the habit
Letting go of the addiction
Letting go of Craving and Compulsion
Able and willing to Control my choices and habits as is best
Allowing myself to see, face and feel all it time for me to see, face and feel
Seeing, facing and feeling all it is time for me to see, face and feel
To be free of ALL addictions, compulsions and habits that are out of harmony with my highest good, health or any part of my being
A non-smoker

It is done. It is cleared and healed. It is accomplished now!
Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.
Thank you! I love you.

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EXAMPLE 7

Scripting for **FAILURE (FEAR OF)**

Added by Glenn to show how you can make your own script specific to yourself.

This is not a prayer. It is instructions to higher aspects of yourself.

You are also letting the subconscious know that it is ok and time to clear, let go of and resolve the negative feelings, thoughts and “Soul Echoes” and replace them with the appropriate positive counterparts.

You should notice a shift in yourself. If the feelings, thoughts and “soul Echoes” are still there, even if they are weaker, you may need to repeat this clearing or reword it slightly.

Find a comfortable, quiet place where you can sit, relax and close your eyes. Say a short prayer if you wish. Take a deep breath through your nose and let it out slowly through your mouth. Take another deep breath the same way, only this time hold your breath at the top of the full inhalation for three counts, then let it out slowly through your mouth. (This accesses both sides of the brain.) You are now ready to begin.

Scripting for (1) FAILURE - FEAR OF (added by Glenn)

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

That cause me to fear failure

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

OVER

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
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I CHOOSE

To know there is nothing shameful about failing.
To be willing to fail in order to succeed.
To know that failure can teach me to succeed.
To know that failure can lead to success and/or a better approach.
To know that it is ok to fail.
To remember that when I was a young child I fell (failed) many times while I was learning to walk and these failures led to success.

I FEEL

There is nothing shameful about failing.
Willing to fail in order to succeed.
I know that failure can teach me to succeed.
I know that failure can lead to success and/or a better approach.
I know that it is ok to fail.
I remember that when I was a young child I fell (failed) many times while I was learning to walk and these failures led to success.

I AM

Aware that there is nothing shameful about failing.
Willing to fail in order to succeed.
Aware that failure can teach me to succeed.
Aware that failure can lead to success and/or a better approach.
Aware that it is ok to fail.
Remembering that when I was a young child I fell (failed) many times while I was learning to walk and these failures led to success.

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

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EXAMPLE 8

Scripting for

SUCCESS (FEAR OF)

Added by Glenn to show how you can make your own script specific to yourself.

This is not a prayer. It is instructions to higher aspects of yourself.

You are also letting the subconscious know that it is ok and time to clear, let go of and resolve the negative feelings, thoughts and “Soul Echoes” and replace them with the appropriate positive counterparts.

You should notice a shift in yourself. If the feelings, thoughts and “soul Echoes” are still there, even if they are weaker, you may need to repeat this clearing or reword it slightly.

Find a comfortable, quiet place where you can sit, relax and close your eyes. Say a short prayer if you wish. Take a deep breath through your nose and let it out slowly through your mouth. Take another deep breath the same way, only this time hold your breath at the top of the full inhalation for three counts, then let it out slowly through your mouth. (This accesses both sides of the brain.) You are now ready to begin.

Scripting for

(1) SUCCESS - FEAR OF (added by Glenn)

***** SCRIPT *****

Spirit/Super-Conscious/Higher Self ... locate the origin(s) of my feelings, thoughts and “Soul Echoes” and thoughts

That cause me to believe having lots of money will cause me to lose my humility and/or inflate my ego
That cause me to fear having loving abundance
That cause me to fear success
That cause me to fear financial success
That cause me to fear having lots of money
That cause me to fear I will misuse my wealth
That cause me to fear I will misuse my power

Take each and every level, layer, area and aspect of my being to the origin(s). Analyze and resolve them perfectly with Great Spirit’s truth.

Come through all generations of time and eternity, clearing and healing every incident and its appendages based on the origin.

Do it according to Great Spirit’s preference until I am filled with light and truth, filled with Spirit’s peace and love, filled with forgiveness of myself for my incorrect perceptions, filled with forgiveness of every person, place, circumstance and event which contributed to these feelings, thoughts and “Soul Echoes”.

With total forgiveness and unconditional love, I allow every physical, mental, emotional and spiritual problem, and inappropriate behavior based on the negative origin recorded in my Entire Being, to transform.

OVER

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

I CHOOSE

To be humbly grateful and close to God as I experience loving abundance
To be humbly grateful and close to God as I experience financial success
To know I am worthy and deserving of financial success and financial freedom
To use my financial wealth lovingly and wisely
To give myself permission to enjoy financial abundance
To know there is enough for everyone
To let go of all feelings of envy and jealousy towards people with lots of money
To know I am smart enough and capable of earning/receiving large sums of money
To know I can be wealthy **and** be loving **and** close to God
To know that having lots of money is fine and in harmony with God when used wisely and lovingly

I FEEL

Humbly grateful and close to God as I experience loving abundance
Humbly grateful and close to God as I experience financial success
Worthy and deserving of financial success and financial freedom
I use my financial wealth lovingly and wisely
I have permission to enjoy financial abundance
There is enough for everyone
I am letting go of all feelings of envy and jealousy towards people with lots of money
I am smart enough and capable of earning/receiving large sums of money
I can be wealthy **and** be loving **and** close to God
That having lots of money is fine and in harmony with God when used wisely and lovingly

I AM

Humbly grateful and close to God as I experience loving abundance
Humbly grateful and close to God as I experience financial success
Worthy and deserving of financial success and financial freedom
Using my financial wealth lovingly and wisely
Enjoying financial abundance
Aware that there is enough for everyone
Letting go of all feelings of envy and jealousy towards people with lots of money
Smart enough and capable of earning/receiving large sums of money
Becoming wealthy **and** remaining loving **and** close to God
Having lots of money **and** I am in harmony with God as I use it wisely and lovingly

It is done. It is cleared and healed. It is accomplished now!

Thank you, Spirit, for coming to my aid and helping me attain the full measure of my creation.

Thank you! I love you.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

Feelings & Beliefs That Affect Financial Success

Use the following to fill in the blanks on the script on pages 5 and 6

This section will help you 'Script' for Negative Feelings that can affect your success and finances and replace them with Positive Feelings.

Many of the following feelings are decidedly similar. However, they are varied just enough that they will register a different vibration inside you. Each word, each syllable, therefore, each sound has its own power. So it is helpful to do each one with which you identify in any way.

1) "Spirit, please locate the origin of my feelings that cause me to believe I AM UNWORTHY & UNDESERVING OF HAVING FINANCIAL FREEDOM."

Replace with:

"I CHOOSE being worthy and deserving of having financial freedom.
I FEEL worthy and deserving of financial freedom.
I AM worthy and deserving of financial freedom."

2) "Spirit, please locate the origin of my feelings that created the belief that I MUST BE POOR IN ORDER TO BE HUMBLE/CLOSE TO GOD."

Replace with:

"I CHOOSE being humbly grateful and close to God as I experience financial success.
I FEEL humble, grateful, and close to God as my financial success expands.
I AM humbly grateful and close to God as I experience financial success."

3) "Spirit, please locate the origin of my feelings that cause me to FEAR FINANCIAL SUCCESS/THAT I WON'T DO THE CORRECT THINGS WITH FINANCIAL SUCCESS."

Replace with:

"I CHOOSE being financially successful. I welcome financial success with open arms.
I FEEL financially successful. I handle financial success commendably and wisely.
I AM financially successful. I AM a wise steward of my success."

4) ... cause me to FEAR THE RESPONSIBILITY & ACCOUNTABILITY THAT COMES WITH FINANCIAL SUCCESS.

Replace with:

I CHOOSE Being capable of the responsibility success brings.
I FEEL capable of the responsibility financial success brings.
I AM capable of the personal responsibility financial success brings.

I CHOOSE trusting myself and accepting the accountability that comes with financial success.
I FEEL trust in myself and gratefully accept the accountability that success brings.
I AM trusting in myself and my ability to be accountable with my financial success.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

5) ... created the belief in me that I'M SUPPOSED TO BE *POOR!* MUST SUFFER FINANCIALLY/STRUGGLE FOR MY EXISTENCE ALL MY LIFE.

Replace with:

I CHOOSE Being financially abundant.

I FEEL financially abundant

I AM financially abundant. Abundance is everywhere for me to enjoy. I let go of my 'lack mentality'. I give myself permission to be free of financial oppression. In fact I claim financial freedom! I claim continued abundance in my life!

I CHOOSE enjoying financial freedom.

I FEEL liberated from financial suffering-from struggling for my existence.

I AM liberated from financial suffering-from struggling for my existence.

6) ... created the belief that I'M SUPPOSED TO FEEL GUILTY FOR DESIRING FINANCIAL PROSPERITY/FOR HAVING FINANCIAL ABUNDANCE.

Replace with:

I CHOOSE Being peaceful in my desire for financial prosperity.

I FEEL peaceful about desiring financial prosperity, and give myself permission to enjoy it.

I AM peaceful in my desire for financial prosperity, and know it is God's desire for me, also.

I CHOOSE Being a wise steward and am very grateful for financial abundance.

I FEEL deep appreciation for my financial abundance and feel it is a gift.

I AM truly grateful for my financial stability, and rejoice in having prosperity.

7) ... cause me ANXIETY OVER MONEY MATTERS.

Replace with:

I CHOOSE Being calm and trusting with money matters.

I FEEL a calm, trusting assurance that all is well with me financially.

I AM trusting, calm, solid, and secure where my money matters are concerned.

8) ... cause me TO FEAR THE FUTURE/MY FINANCIAL FUTURE

Replace with:

I CHOOSE Being trusting and confident in the future/my financial future

I FEEL confidence, faith, and trust in the future/my financial future.

I AM confident and trusting in the future/my financial future.

9) ... cause me to FEAR THERE IS NEVER ENOUGH/THERE'S NOT GOING TO BE ENOUGH ABUNDANCE

Replace with:

I CHOOSE knowing there is always enough, plenty and more. God's universe is abundant!

I FEEL confident there is always enough, plenty and more for me.

I AM confident and secure in the knowledge that there is always enough, plenty and more money.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

10) ... created the belief that IT'S UNFAIR FOR ME TO HAVE MONEY BECAUSE MY PARENTS DIDN'T.

Replace with:

I CHOOSE knowing my parents are very pleased and happy for me to enjoy prosperity.

I FEEL my parents are happy and pleased for my financial freedom.

I AM blessed with prosperity, and this pleases my parents.

11) ... have kept me from GIVING MYSELF PERMISSION TO BE FINANCIALLY INDEPENDENT

Replace with:

I CHOOSE giving myself permission to be financially independent.

I FEEL it is permissible for me to be financially independent

I AM comfortable in granting myself permission to be financially independent.

I AM financially independent.

12)... created the belief that I DON'T DESERVE/AM UNWORTHY TO HAVE FINANCIAL PROSPERITY.

Replace with:

I CHOOSE Being deserving and worthy of financial prosperity.

I FEEL deserving and worthy of financial prosperity.

I AM deserving and worthy of financial prosperity.

13) ... cause me TO EXPECT TO FAIL.

Replace with:

I CHOOSE succeeding. I expect to succeed.

I FEEL successful!

I AM succeeding. I AM successful.

14) ... cause me TO FEAR HAVING TO PROVE MYSELF.

Replace with:

I CHOOSE Being competent, resolute, self-reliant and secure in my own abilities.

I FEEL competent, resolute, self-reliant and secure in the abilities God gave me.

I AM competent, resolute, self-reliant and secure in my abilities.

15) ... caused me to BELIEVE I WILL FAIL AT EVERYTHING I ATTEMPT

Replace with:

I CHOOSE succeeding in my endeavors, with the help of God.

I FEEL and know that I can succeed in my endeavors.

I AM succeeding in my endeavors, with God's help.

16) ... created the belief that NO MATTER WHAT I DO IT WILL BE 'WRONG'.

Replace with:

I CHOOSE Being capable, confident and correct in what I do.

I FEEL capable and confident in what I do. I continually improve.

I AM capable and confident and experience more and more success in what I do each day.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

17) ... created the belief that I'M NOT GOOD ENOUGH TO EARN LARGE SUMS OF MONEY.

Replace with:

I CHOOSE Being good enough to earn large sums of money.

I FEEL I AM good enough to earn large sums of money.

I AM good enough to earn large sums of money.

18) ... created the belief that I'M UNIMPORTANT ... WHO AM I TO THINK I SHOULD BE WEALTHY?

Replace with:

I CHOOSE Being important.

I give myself permission to realize my own importance.

I FEEL it's perfectly all right for me to be wealthy and prosperous.

I AM important! I AM deserving of prosperity!

19) Spirit, please locate the origin of MY FEELINGS OF INADEQUACY.

Replace with:

I CHOOSE Being adequate, capable, and equal to any challenge.

I FEEL adequate, capable, and equal to any challenge.

I AM adequate, capable, and equal to any challenge.

20) Higher-Self, please locate the origin of MY FEELINGS OF INCOMPETENCY.

Replace with:

I CHOOSE Being competent and qualified.

I FEEL competent, qualified and capable.

I AM competent, qualified, capable, and gifted.

21) Super-Conscious, please locate the origin of MY FEELINGS OF RESENTMENT OR JEALOUSY TOWARDS OTHERS WHO ARE SUCCESSFUL.

Replace with:

I CHOOSE Being happy for others who enjoy success in any area of their life.

I FEEL happy and pleased for others when they achieve success in anything.

I AM happy and pleased for others and delight in their success.

I CHOOSE Being forgiving and benevolent towards all whom I have resented.

I FEEL forgiving and benevolent towards all whom I have resented.

I AM forgiving and benevolent of all those I have resented.

(Please note: Often, when there is a great deal of resentment, it is necessary to specify the person and the situation the resentment is being held toward before this powerful feeling can be resolved.)

22) ... cause me TO BE CRITICAL OF MYSELF.

Replace with:

I CHOOSE recognizing and dwelling on my strengths.

I FEEL I have many strengths, and I dwell on them instead of weaknesses.

I AM recognizing and dwelling on my strengths.

I CHOOSE Being accepting, loving and approving of myself & others.

I FEEL acceptance, love, and approval of myself and others.

I AM accepting, loving and approving of myself and others.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

23) ... cause me TO FEAR THE FUTURE.

Replace with:

I CHOOSE staying in present time and having faith and trust in the future.

I FEEL total faith and trust in the future, with the help of God.

I AM in present time. I have faith in the future, with God's help.

24) ... cause me TO HAVE A POVERTY/LACK CONSCIOUSNESS/MENTALITY.

Replace with:

I CHOOSE establishing an abundance mentality within my Being.

I FEEL worthy, and give myself permission, to enjoy the best life has to offer. Therefore, I embrace a prosperity/abundance consciousness/mentality. I claim abundance. I claim prosperity. I claim the best life has to offer.

I AM enjoying abundance in every area of my life.

25) ... created SELF-DOUBT, LOW SELF-WORTH/A POOR SELF CONCEPT in me.

Replace with:

I CHOOSE Being a person of genuine worth. I trust in my own magnificence.

I FEEL confident in my abilities and talents. I FEEL the nobility of my Soul. I AM a person of magnificent worth.

I AM a person of distinction.

26) Sub-conscious, please locate the origin of my feeling HOPELESS and/or HELPLESS.

Replace with:

I CHOOSE Being optimistic, enthusiastic, and hopeful.

I CHOOSE Being strong, tenacious, and resilient.

I FEEL optimistic, enthusiastic, and hopeful.

I FEEL strong, tenacious, and resilient.

I FEEL adequate, capable, and competent.

I FEEL resourceful! I AM optimistic, enthusiastic, and hopeful.

I AM strong, tenacious, and resilient.

I AM adequate, capable, and competent.

I AM resourceful!

I CHOOSE Being secure, guided and directed to my highest good.

I FEEL secure, guided and directed to my highest good.

I AM secure, guided and directed to my highest good.

27) Spirit, please locate the origin of my feeling OF DEFEATISM; LIKE GIVING UP.

Replace with:

I CHOOSE knowing that challenges can be met without pain.

I FEEL confidence and faith that challenges can be met without pain.

I FEEL courageous, steadfast and resolute.

I AM confident that challenges can be met without pain.

I AM courageous, steadfast and resolute.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

28)... created the belief that I DON'T MEASURE UP/I'M A LOSER.

Replace with:

I CHOOSE measuring up.
I CHOOSE Being what it takes to be successful.
I CHOOSE Being a winner!
I FEEL that I measure up.
I FEEL I have what it takes to be successful.
I FEEL like a winner!
I AM measuring up!
I AM Being successful!
I AM a winner!

29) ... cause me to BE DISHEARTENED/DISCOURAGED ... WHAT'S THE USE?

Replace with:

I CHOOSE Being capable and courageous in meeting the challenges that come my way.
I FEEL capable and courageous in meeting the challenges of life. They assist me in growing and living to my full potential.
I FEEL encouraged.
I AM courageous and capable of resolving challenges. As I do this, I receive growth. There are always answers to challenges with the help of God.
I AM encouraged.

30) ... created the belief that NO MATTER WHAT I DO, IT WON'T BE ENOUGH.

Replace with:

I CHOOSE Being secure in my ability to do the correct thing and know that it is enough.
I FEEL secure and confident in my ability to do enough and be enough in whatever is required of me.
I AM confident in my ability to do the correct thing and it's always enough. I AM a person who contributes much to life!

31) created the belief in me that I MUST TAKE THE BLAME FOR OUR LACK OF MONEY, or, I'M NOT SMART ENOUGH NOR GOOD ENOUGH TO EARN A LARGE INCOME.

Replace with:

I CHOOSE Being blameless for our lack of money and willing to take whatever responsibility is necessary to correct the condition.
I FEEL blameless for our lack of money, and yet, am willing to take responsibility for my part.
I AM blameless for our lack of money.
I AM willing to take the necessary responsibility for my part. Things are looking up.
I CHOOSE Being intelligent, smart, bright and good enough to earn a large income.
I FEEL totally capable, competent and confident to earn a large income.
I FEEL intelligent, smart, bright and good enough to earn a sizeable income.
I AM totally capable, competent and confident in my ability to earn a large income.
I AM intelligent, smart, and good enough to earn a sizeable income.

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

32 is added by Glenn

32) created the belief in me that MONEY IS THE ROOT OF ALL EVIL; THERE IS SOMETHING DIRTY OR BAD ABOUT MONEY AND THE PEOPLE WHO HAVE IT; THERE IS NEVER ENOUGH; SOME PEOPLE HAVE THE MONEY MAKING SKILLS AND SOME DON'T; YOU CAN'T PLAY THE MONEY GAME WELL AND BE SPIRITUAL; NET WORTH IS THE TRUE MEASURE OF WEALTH AND SUCCESS

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

List of Negative Feelings/Thoughts and the corresponding Positive feelings/thoughts

Left column" DONE or Date = Script is done by Glenn

Green = Script Done		
DONE	Abandoned	Cherished, Precious, Upheld, Cared For
	Abused	Cherished, Sustained, Supported, Forgiving
DONE	Accepting Myself (NOT)	SEE EXAMPLES
DONE	Acceptance (Not Accepting What Is)	Accept, Acknowledge, Allow, Open & Loving
	Accused	Blameless, Innocent, Absolved, Vindicated
DONE	Affection - LACK OF	Demonstrate Love Easily, Accept Love Easily
	Afraid	Confident, Courageous, Peaceful, Reassured
	Aggravated	Unprovoked, Senseless, Peaceful, Forgiving
	Agitated	Forgive, Calm, Peaceful, Happy
	Agony	Ecstasy, Peaceful, Love, Joyful
DONE	Aimless	Directed, Purposeful, Decisive, Resolute
	Alarmed	Calm, Peaceful, Relaxed, Secure
	Alienated	Forgive, Accepted, Loved, Cherished
DONE	Alone	Bonded, Upheld, Cherished, Connected
	Aloof	Warm, Caring, Kind, Interested in Others
	Ancient	Young, Vivacious, Exuberant, Happy
DONE	Angry/Anger	Forgive, Love, Peaceful, Calm, Merciful
	Anguish	Relieved, Peaceful, Content, Happy
	Animosity	Forgive, Love, Harmonious, Peaceful
	Annoyed	Forgive, Accept, Undisturbed, Calm
	Antagonistic	Agreeable, Harmonious, Cooperative
DONE	Anxiety	Trust, Reassured, Calm, Peaceful
DONE	Anxious	Confident, Peaceful, Trusting, Reassured
I DONE	Apathy-Apathetic	Energetic, Interested, Concerned, Caring
DONE	Apprehensive (combined with ANXIOUS)	Confident, Calm, Trusting, Reassured
	Argumentative	Agreeable, Harmonious, Peaceful
	Arrogant	Humble, Loving, Teachable, Modest

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

DONE	Ashamed - Shameful - Shame	Forgive Self, Repentant, Pleased, Merciful
	Attacked	Defended, Protected, Supported, Upheld
	Austere	Easy Going, Genial, Flexible, Friendly
	Avoiding	Participating, Meet the Challenge, Comfortable
	Awful	Wonderful, Good, Peaceful, Fulfilled
	Awkward	Graceful, At Ease, Confident, Flowing
	Backward	Forward, Progressive, Dynamic, Confident
	Bad	Good, Worthwhile, Valuable, Pleasant
	Bad Attitude	Good Attitude/Natured, Positive, Forgive
	Bad Luck (It's My)	Fortunate, Blessed, Life Works For Me
	Baffled	Enlightened, Wise, Judicious, Comprehend
	Banished	Welcomed, Accepted, Acknowledged, Honored
	Bashful	Outgoing, Assertive, Confident, Forward
	Beaten Down	Lifted Up, Elevated, Invigorated, Invincible
	Befuddled	Collected, Confident, Composed, Congruent
	Belittled	Built Up, Elevated, Praised, Valued
	Belligerent	Cooperative, Helpful, Cheerful, Good-Natured
	Bemoaning	Happy, Celebrating, Rejoicing in Life
	Bereft	Rich, Blessed, Provided For, Privileged
	Betrayed	Forgive, Merciful, Love, Peace
	Bewildered	Enlightened, Understand, Comprehend
	Bitter	Forgive, Love, Joyful, Peaceful, Sweet
	Blah	Bright, Light, Enthused, Joyful, Anticipate
	Blaming	Forgive, Non-Blaming, Merciful, Allowing
	Bleak	Bright, Encouraged, Excited, Hopeful
	Blew it	Forgive Self, It's Okay, Persistent, Move On
DONE	Blinders (combined with CLARITY - Lack Of)	See Things Clearly, Open to Truth, Teachable
DONE	Blocked	Unrestricted, Open, Flowing, Productive
	Boastful	Modest, Sincere, Humble, Grateful
	Boiling (Inside)	Forgive, Love, Calm, Peace, Merciful
	Boisterous	Quiet, Tranquil, Peaceful, Placid, Serene
DONE	Bondage (feels like you are in)	Free, Liberated, Unconstrained, Independent

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
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	Bored	Excited, Interested, Enthused, Involved
	Bothered	Forgive, At Ease, Comfortable, Accepting
	Boxed In	Plenty of Room, Spacious, Released, Liberated
	Bragging	Humble, Modest, Reserved, Unassuming
	Brooding	Adaptable, Accepting, Happy, Cheerful
	Brutal/Brutish	Merciful, Kind, Gentle, Sensitive, Loving
	Bugged	Forgiving, Allowing, Loving, Peaceful
	Burdened	Relieved, Light, Carefree, Liberated
	Burned Out	.Invigorated, Enthused, Energized, Revitalized
	Burned Up	Forgive, Cool, Calm, Peaceful, Tranquil
	Captive (Like a)	Liberated, Free, Independent, Restored
	Careless	Careful, Accurate, Attentive, Thoughtful
	Chaotic	Organized, Methodical, Purposeful, Resolute
	Charlatan	Authentic, Genuine, Honest, Trustworthy
	Chastened	Encouraged, Uplifted, Benefited. Rewarded
	Cheap	Valuable, Cherished, Worthwhile, Unequaled
	Cheated	Forgive, Unshaken, Treated Fairly, Restored
	Childish	Mature, Sensitive, Wise, Understanding
	Choking (Like I'm)	Breathing Freely, Unrestricted, Liberated
	Chronic	Curable, Temporary, Short-Lived, Carefree
	Chronic Anxiety	Reassured, Peaceful, Serene, Tranquil
	Churning Inside	Calm, Composed, Comfortable, Secure
DONE	Clarity - LACK OF	See Lack of Clarity
	Clingy	Letting Go, Releasing, Relaxed, Yielding
DONE	Closed Minded	Open-Minded, Teachable, Embracing Truth
DONE	Closed Off	Open, Accessible, Responsive, Unbiased
	Clumsy	Forgive, Coordinated, Graceful, Comely
	Cocky	Humble, Genial, Pleasant, Caring, Sincere
DONE	Communication - NOT communicating Clearly	Added by Glenn - See examples
	Competitive	Non-Competitive, Cooperative, Alliance
	Complaining (Like)	Approving, Appreciative, Grateful, Enjoying
	Complexes (Have)	Understanding, Insightful, Directed

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

	Comply (Need to)	Independent, Self-Determining, Unique
	Compromised	Secure, Honest, Steadfast, Strong
DONE	Compulsive	It's Unnecessary, Relaxed, Rational
	Conceited	Humble, Teachable, Modest, Caring
	Condemning	Forgive, Merciful, Accept, Allow
DONE	Confidence (Self) - LACK OF	Self-Confident, Self-Assured, Secure, Important
	Confined	Free, Flowing, Released, Liberated
	Conflict	Peacemaker, Peaceful, Forgive, Excuse
	Confounded	Enlightened, Perceptive, Wise, Judicious
DONE	Confused	Clear-Headed, Enlightened, Understand
	Conniver (Like a)	Honest, Virtuous, Honorable, Sincere
	Consideration - LACK OF	Considerate, Kind, Caring, Thoughtful, Sensitive
	Constricted	Expanded, Carefree, Released, Liberated
DONE	Contempt	Forgive, Merciful, Love, Accept, Allow
	Contemptible	Decent, Honest, Kind, Truthful, Virtuous
	Contentious	Agreeable, Pleasant, Courteous, Cheerful
	Contradictory	Accepting, Agreeable, Peaceful, Contrite
	Contrary	Yielding, Harmonious, Pleasant, Agreeable
I DONE	Control (Want to)	Letting Go, Releasing, Allowing, Flow With
DONE	Controlled	Unrestricted, Let Go, Free, Liberated
	Cope (Can't)	Manage Successfully, Steadfast, Strong, Reliant
	Courage - LACK OF	Courageous, Valiant, Brave, Daring, Assertive
	Covetous	Generous, Unselfish, Grateful, Satisfied
	Cowardly	Heroic, Fearless, Valiant, Brave, Stalwart
	Cranky	Forgive, Good-Humored, Pleasant, Kind, Happy
	Crazy	Balanced, Together, Sane, Calm, Collected
	Criminal (Like a)	Unique, Authentic, Trusted, Admired, Valued
	Critical	Forgive, Accept, Love, Merciful, Allow
	Criticized	Accepted, Forgiven, Loved, Cared For
	Cross (I FEEL)	Pleasant, Happy, Genial, Forgiving, Joyous
	Cruel	Kind, Gentle, Loving, Compassionate
	Crummy	Wonderful, Happy, Joyous, Fulfilled
	Crushed	Restored, Reconciled, Valued, Uplifted

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
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	Crying (Like)	Rejoicing, Laughing, Exulting, Cheering
	Cunning	Genuine, Honest, Straightforward, Just
DONE	Cursed - hexed - spelled	Forgiven, Blessed, Edified, Praised
	Cynical	Trusting, Accepting, Believing, Optimistic
	Death Wish	Love Life! Excited, Enthused, Joyous, Happy
	Debased	Purified, Restored, Cleansed, Redeemed
	Deceitful	Honest, Integrity, Honorable, True, Congruent
	Deceived	.Informed, Discerning, Forgiving, Perceptive
	Defamed	Honored, Revered, Elevated, Uplifted, Valued
	Defeated	Victorious, Renewed, Sustained, Invincible
	Defensive	Assertive, Appropriately Aggressive, Forgive
	Defiant	Obedient, Peaceable, Yielding, Dutiful
	Deficient	Sufficient, Adequate, Capable, Competent
	Defiled	Restored, Purified, Cleansed, Renewed
	Degenerate	Good, Honest, Just, Kind, Virtuous, Pure
	Degraded	Honored, Promoted, Praiseworthy, Dignified
	Dejected	Happy, Cheerful, Tenacious, Erect, Uplifted
	Delayed	Moving Forward, Uninterrupted, Accelerated
	Demanding	Flexible, Yielding, Agreeable, Pleasant
	Demeaned	Elevated, Uplifted, Supported, Cherished
	Demoralized	Elevated, Exonerated, Valued, Glorified, Invincible
I DONE	Denial and the Subconscious	Responsible, Accountable, Owning, Accepting
	Dependency	Liberated, Independent, Carefree, Self-Ruled
	Dependent	.Independent, Self-Reliant, Strong, Skilled
	Depraved	Emancipated, Edified, Elevated, Righteous
DONE	Depressed/ion	Joyful, Enthused About Life, Happy, Excited
	Deprived	Privileged, Favored, Pampered, Fulfilled
	Derided	Approved, Applauded, Praised, Encouraged
	Desecrated	Renewed, Replenished, Healed, Reverenced
	Deserted	Cherished, Upheld, Protected, Cared For
	Desolate	Happy, Secure, Joyful, Cheerful, Fruitful
	Despair	Courage, Reassured, Trust, Hope, Faith

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

	Desperate	Confident, Trusting, Unshaken, Composed
	Despise	Forgiving, Loving, Caring, Allowing
	Despondent	Cheerful, Radiant, Glowing, Elevated
	Destitute	Affluent, Prosperous, Sustained, Comforted
	Destroyed	Restored, Saved, Protected, Transformed, Invincible
	Destructive	Constructive, Building, Elevating, Benevolent
	Detached	Connected, Joined, Part of the Whole, Accepted
	Detest	Forgive, Adore, Love, Favor, Approve, Accept
	Detrimental (to Others)	Beneficial, Valuable, Contributive, Constructive
	Devalued	Valued, Respected, Appreciated, Esteemed, Prized
	Devastated	Forgive, Liberated, Uplifted, Renewed, Encouraged
	Devilish	Angelic, Kind, Virtuous, Pure, Honest
	Dictatorial	Teachable, Humble, Giving, Compassionate
	Different	Unique, Authentic, Original, Accepted
	Difficult	Pleasant, Gracious, Comfortable, Simple
	Dirty	Clean, Honorable, Kind, Good, Decent
	Disagreeable	Allowing, Accepting, Loving, Pleasant
	Disappear (Could)	Face the Issue, Be Present in the Moment
	Disappointed	Accepted/Accepting, It's Perfect, Allow, At Peace
	Disappointing	Pleasing, Encouraged, Satisfied, Content
	Disapproval	Approval, Favor, Support, Accept, Allow
	Disapproved of self	Approve of Self, Cherished, Loved, Valued
	Discontent	Content, Happy, Blissful, Serene, Peaceful
	Discordant	Harmonious, In Tune With, Connected
	Discouraged	Encouraged, Resolute, Eager, Excited
	Discourteous	Courteous, Kind, Caring, Loving
	Discredited	Vindicated, Credited, Valued, Honored
	Disdain	Forgive, Regard Highly, Love, Merciful
	Disgraced	Forgiven, Redeemed, Exonerated, Honored
DONE	Disgust/Disgusting	Forgiving, Attraction, Admiration, Accept
	Disharmony	Harmonious, Attuned, Balanced, Aligned

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

	Disheartened	Encouraged, Happy, Jovial, Courageous
	Dishonest	Honest, Forthright, Fair, Just, Scrupulous
	Dishonored	Honored, Worthy, Admired, Upheld, Valued
DONE	Dislike (of Self/Others)	Forgive, Like, Care About, Interested In
	Disobedient	Obedient, Reliable, Stable, Steadfast
	Disorderly	Orderly, Organized, Neat, Tranquil
	Disorganized	Organized, Orderly, Neat, Systematic
	Disown	Claim, Own, Admit, Acknowledge
	Disowned	Claimed, Retained, Preserved, Valued
	Displeasing (Fear of)	Confident, Pleasing, Satisfying, Capable
	Disrespect	Respect, Revere, Honor, Admire, Value
	Dissatisfied	Satisfied, Pleased, Contented, Grateful
	Dissension	Cooperation, Agreement, Peaceful, Harmonious
	Distorted	Made Whole, Complete, Harmonious, Aligned
	Distraught	Comforted, Supported, Calm, Peaceful
	Distressed	Calm, Cheerful, Peaceful, Relaxed, Carefree
	Distrust	Forgive, Trust, Reliable, Loyal, Dependable
	Disturbed	Undisturbed, Quiet, Calm, Soothed, Accept
	Divided	Connected, Bonded, Unified, Reconciled
	Dominated	Empowered, Equal to, Strong, Capable
	Doomed	Fortunate, Restored, Protected, Secure, Safe
DONE	Doormat (Like a)	Powerful, Strong, Self-Sufficient, Reliant
I DONE	Double-Minded and the Subconscious	“single minded”, Integrated, Whole-Minded. Note: Being Double Minded affects the eyes. See Eyes: Retina represents your feelings; Fovea represents your thinking. Also see Sciatica.
	Doubt/Doubtful	Reassured, Trust, Believe, Confidence In
	Downcast	Uplifted, Elevated, Happy, Joyous, Excited
	Downtrodden	Stable, Strong, Resilient, Stalwart, Uplifted
	Drab	Bright, Colorful, Exciting, Dynamic
	Drained	.Invigorated, Energized, Vibrant, Vital
	Dread	Excited, Enthused, Fearless, Anticipating
	Dreadful	Pleasant, Healthy, Happy, Joyful, Cheerful
	Dreary	Bright, Happy, Vibrant, Joyful, Cheerful
	Driven	Relaxed, Calm, Peaceful, Flowing, Carefree

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	Droopy	Revived, Uplifted, Happy, Elevated, Grateful
	Drowning (Like I'm)	Breathing Freely, Plenty of Air, Rescued, Invincible
	Drudgery	With Spirit, Enthused, Happy, Excited About
	Dumb	Smart, Intelligent, Bright, Comprehending
	Egotistical	Meek, Humble, Selfless, Teachable
	Embarrassed	Confident, Passive, Comfortable, Grounded
	Emotional Stress	Emotionally Stable, Calm, Confident, Steadfast
	Empty	Filled with Love, Reassured, Supreme Joy
	Encouragement - LACK OF	Encouraged, Reassured, Supported, Upheld
	Enmity	Love, Respect, Good, Kindness, Benevolent
	Enraged	Forgive, Calm, Peaceful, Relaxed, Love
	Enslaved	Free, Liberated, Unrestrained, Independent
	Entangled	Liberated, Disentangled, Released, Restored
I DONE	Envious (combined with ENVY)	Accept, Pleased for Others, Benevolent
I DONE	Envy	Love, Content, Accept, Happy, Delighted
	Escaping (Feel Like)	Unwavering, Steadfast, Stalwart, Comfortable
	Estranged	Forgive, Compatible, Harmonious, Bonded
	Evil-Minded	Enlightened, Spiritual Minded, Virtuous
	Exasperated	Patience, Tolerant, Accept, Forgive, Love
	Excesses/Excessive	Moderation, Reasonable, Sensible, Sufficient
	Excluded	.Included, Accepted, Honored, Cherished
DONE	Exhausted	.Invigorated, Revitalized, Energized, Refreshed
	Exploited	Forgive, Appreciated, Valued, Respected
	Exposed	Safe, Secure, Protected, Fortified, Forgive
	Face up (Can't)	Decisive, Brave, Courageous, Valiant
	Failing (Like I'm)	Encouraged, Supported, Succeeding, Competent
	Failing Continually	SEE EXAMPLE- Failure Programming to Success Programming
I DONE	Failure - Fear Of (added by Glenn)	See examples
	Failure (Like a)	Successful, Competent, Capable, Accomplished
IDONE	Failure Programming to Success Programming	See Examples
	Fainthearted	Resilient, Resolute, Masterful, Strong, Firm

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I DONE	Faith - LACK OF	Abundant Faith, Trust, Belief, Hope
	Faithless	Faithful, Loyal, Stable, Steadfast, Strong
	Falling	Standing, Strong, Firm, Upright, Steadfast
	Fatigued	Revitalized, Replenished, Invigorated
DONE	Fear/Fearful	Reassured, Trust, Confident, Resolute, Brave
	Feeble	Stable, Strong, Erect, Energetic, Invigorated
	Fickle	Constant, Loyal, Dependable, Faithful, True
	Fierce	Gentle, Tenderhearted, Merciful, Kind
	Fighting (Feel Like)	Forgive, Calm, Peaceful, Composed, Unruffled
	Filthy	Clean, Pure, Decent, Love, Honorable
DONE	Financial Problems (32 scripts)	SEE EXAMPLE and SCRIPTS (32 OF THEM)
DONE	Fixation	Mentally Stable, Disinterested, Balanced, Neutral
	Flawed	Magnificent, Flawless, Distinctive, Noble, Beautiful
	Flighty	Stable, Centered, Calm, Collected, Grounded
	Flippant	Respectful, Considerate, Thoughtful, Caring
	Floundering	Resolute, Grounded, Determined, Directed
	Flustered	Calm, Collected, Peaceful, Competent, At Ease
	Foolish	Brilliant, Wise, Bright, Exceptional, Focused
	Forced	Liberated, Free Will, Able to Choose, Optional
	Forgetful	Alert, Remember, Mindful, Retain Information
	Forgiving - LACK OF	See Lack of Forgiving
	Forgotten	Remembered, Included, Revered, Honored
	Forlorn	Happy, Cheerful, Exuberant, Enthused
	Forsaken	Remembered, Favored, Indispensable, Restored
	Foul-Mouthed	Respectful, Reverent, Humble, Honorable
	Fragmented	Focused, Centered, Collected, Peaceful
	Frantic	Relaxed, Flowing w/ Life, Calm, Peaceful
	Fretful	Confident, Peaceful, Calm, Trust, Stable
	Friendless	Popular, Well-Liked, Sought After, Valued
	Frightened	Courageous, Confident, Brave, Calm
	Frigid	Warm, Loving, Passionate, Responsive
DONE	Frustrated	Peaceful, Calm, Composed, Confident, Poised

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	Fuming	Forgive, Cool, Calm, Peaceful, Understand
	Furious (Fury)	Forgive, Calm, Quiet, Restrained, Peaceful
	Futile	Purposeful, Fruitful, Effective, Productive
	Future - Fear of, overly concerned, etc (Illnesses associated with)	See in Illness Table: Coughs, Eyes, Eyes-Cataracts, Fat Thighs, Feet, Leukemia, Miscarriage, Nervous Breakdown, Nervousness, Paralysis, Planter Wart, Toes
I DONE	Future - Fear of, overly concerned, etc (Feelings from associated Illnesses)	Feels present conditions & future possibilities are intolerable. Fear of the future. Not wanting to see the future. Fear what the future will bring. Frustrated about life and the future. Worrying about minor details of the future.
	Giddy	Responsible, Constant, Stable, Serious
	Giving Up (Like)	Courageous, Purposeful, Future Reassured
	Gloomy	Happy, Lighthearted, Bright, Excited
	Goofed	Efficient, Capable, Competent, Confident
	Gratitude - LACK OFF	See Ungrateful
	Greedy	Unselfish, Fair, Generous, Sharing, Giving
DONE	Grief	Solace, Understand, Joyful, Happiness, Peace
	Grievance	Merciful, Forgive, Accept, Reunited
DONE	Grieved (combined with GRIEF)	Comforted, Consoled, Calmed, Soothed
	Grouchy	Contented, Good-Natured, Cheerful, Happy
	Groveling	Noble, Directed, Secure, Upheld, Confident
	Grudge	Forgive, Compassionate, Understand, Love
	Grumbler	Gracious, Happy, Content, Cheerful, Grateful
DONE	Guilty (Feeling)	Innocent, Forgiving of Self, Repentant, Peaceful
DONE	Guilty when I stand up for myself (Feeling)	SEE EXAMPLES
DONE	Gullible	Discerning, Cautious, Perceptive, Wise
	Gutless	Courageous, Confident, Assured, Resolute
	Hanger-On	.Independent, Self-Sufficient, Confident, Strong
	Harassed	Treated Kindly, Edified, Elevated, Respected
	Hardened	Gentle, Open, Caring, Kind, Considerate
DONE	Hard-Hearted	Open-Hearted, Loving, Meek, Teachable

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	Harsh	Gracious, Courteous, Polite, Mannerly
	Hasty	Patient, Cautious, Discerning, Wise, Prudent
DONE	Hate/Hateful	Tolerant, Forgive, Gracious, Accept, Love
DONE	Hatred	Forgive, Accept, Love, Peaceful, Allow
	Haughty	Humble, Meek, Modest, Teachable, Grateful
	Haunted	Liberated, Carefree, Secure, Protected
	Headstrong	Yielding, Teachable, Manageable, Humble
	Heartbroken	Consoled, Comforted, Courageous, Cheerful
	Heartless	Caring, Loving, Sensitive, Benevolent
	Heavy-Hearted	Light-Hearted, Consoled, Peaceful, Joyful
	Hectic	Carefree, Calm, Collected, Organized
DONE	Helpless	Powerful, Self-Reliant, Capable, Competent
DONE	Helplessness (combined with HELPLESS)	Powerful, Supported, Fortified, Adequate
	Hen-Pecked	Masterful, Independent, Free, Assertive, Resolute
	Hesitant	Eager, Willing, Assertive, Decisive, Resolute
	High-Minded	Humble, Teachable, Meek, Grateful
	High-Strung	Calm, Peaceful, Serene, Mellow, Tranquil
	Hindered	Encouraged, Sustained, Supported, Blessed
	Holding Back	Sharing, Giving, Letting Go, Benevolent
	Hollow	Solid, Filled with Peace, Love, Joyful
	Homely	Attractive, Beautiful, Favored, Radiant
	Homesick	Happy, Content, Joyful, Cheerful, Renewed
DONE	Hopeless (Lack of Hope)	Trust, Reassured, Hopeful, Optimistic
	Horrible	Cheerful, Radiant, Happy, Glowing, Joyous
	Horrificed	Forgive, Calmed, Pacified, Serene, Buoyed Up
	Hostile/Hostility	Accept, Peaceful, Love, Merciful, Gentle
	Huffy	Forgive, Cheerful, Patient, Content, Gracious
	Humiliated	Honored, Favored, Loved, Esteemed, Uplifted
	Hurried	Unhurried, Paced, Relaxed, Easy Going
DONE	Hurt - FEELINGS EASILY HURT(Offended)	Forgive, Comforted, Revered, Honored
	Hurtful	Sensitive to Others, Caring, Kind, Loving
	Hypocritical	Sincere, Genuine, True, Honest, Honorable

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	Hysterical	Calm, Peaceful, Stable, Relaxed, Grounded
	I Don't Care	I Do Care, Sensitive, Kind, Compassionate
	Idiot (Like an)	.Intelligent, Bright, Brilliant, Smart
	Idler	Industrious, Endeavoring, Valiant, Zealous
	Ignorant	.Intelligent, Brilliant, Smart, Capable
	Ignored (Being)	Noticed, Recognized, Acknowledged, Valued
	Imbalanced (Grossly)	Totally Balanced, Harmonious, Competent
	Immature	Mature, Adult, Understanding, Wise
	Immobilized	Mobilized, Free to Move, Trusting, Confident
	Immoral	Moral, Virtuous, Honorable, Wholesome
DONE	Impatient (see LACK OF patience)	Patient, Calm, Pleasant, Accepting, Serene
	Impossible	Determined, Anything Is Possible w/Faith & Trust
	Imposter	Genuine, Authentic, Honest, Trustworthy
	Impoverished	Replenished, Solvent, Abundant, Prosperous
	Imprisoned	Liberated, Free, Restored, Victorious, Invincible
DONE	Impulsive	Focused, Purposeful, Stable, Cautious
	In a Bind	Relaxed, Relieved, Centered, Confident
	Inability	Ability, Capable, Competent, Confident
	Inadequate	Adequate, Capable, Competent, Qualified
	Incapable	Capable, Confident Of Abilities, Efficient
	Incensed	Forgive, Merciful, Peaceful, Love, Kind
	Incompetent	Competent, Capable, Skilled, Qualified
	Incomplete	Complete, Centered, Whole, Fulfilled
	Inconsiderate	Considerate, Concerned, Loving, Kind
	Inconsistent	Consistent, Stable, Dependable, Congruent
	Incorrect Perception	Changing My Perception, Accepting Truth
DONE	Indecisive	Decisive, Resolute, Certain, Stable, Settled
	Indifferent	Attentive, Mindful, Concerned, Enthused
	Indignant	Tolerant, Accepting, Loving, Caring
	Indolent	Ambitious, Responsive, Active, Zealous
	Ineffective	Effective, Productive, Capable, Competent
	Inefficient	Efficient, Capable, Competent, Productive

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	Inept	Qualified, Efficient, Competent, Productive
	Inferior	Extraordinary, Equal to, Valued, Capable
	Inflexible	Flexible, Pliable, Adaptable, Yielding
	Infuriated	Forgive, Accept, Love, Peaceful
	Inhospitable	Hospitable, Gracious, Warm, Inviting
	Injustice	Justice, Fairness, Fidelity, Equitable
	Inner Pressure	Calm, Peaceful, Serene, Relaxed, Trust
	Insane	Sane, Stable, Balanced, Competent
	Insecure	Secure, Confident, Fearless, Certain
	Insignificant	Significant, Important, Essential, Valued
	Insincere	Sincere, Honest, Truthful, Congruent
	Instability	Stability, Strength, Steadfast, Reliable
	Insufferable	Tolerable, Bearable, Pleasant, Agreeable
	Insulted	Complemented, Respected, Honored, Forgive
	Intense	Relaxed, Calm, Tranquil, Peaceful, Carefree
	Intense Depression	Enthused About Living, Happy to Be Alive, Joyful
	Intimidated	Confident; Assured, Masterful, Peaceful, Calm
	Intolerant (Lack of Tolerance)	Tolerant, Accepting, Open-minded, Patient
	Introvert	.Interested in Others, Caring, Out-Going
	Irked	Forgive, Accept, Calm, Happy, Peaceful
	Irresponsible	Responsible, Dependable, Reliable, Caring
	Irreverent	Reverent, Respectful, Honoring, Considerate
	Irritable	Pleasant, Agreeable, Good-natured, Happy
	Irritated	Forgive, Accept, Peaceful, Calm, Tranquil
	Isolated	Connected, United, Linked, Accepted
	Jealous	Love, Accept, Harmonious, Benevolent
	Jeopardy	Safe, Secure, Stable, Certain, Protected
	Jittery	Tranquil, Relaxed, Contented, Calm
	Joyless	Joyful, Happy, Grateful, Enthused
DONE	Judgmental	Non-Judgmental, Accept, Allow, Wise
	Jumpy	Calm, Relaxed, Mellow, Serene, Relaxed
	Know-It-All	Humble, Teachable, Meek, Unassuming

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	LACK OF Affection	Demonstrate Love Easily, Accept Love Easily
DONE	LACK OF Clarity - see Clarity (lack of)	See Blinder (Have On)
DONE	LACK OF Confidence (Self) - see Confidence (lack of)	Self-Confident, Self-Assured, Secure, Important
	LACK OF Consideration	Considerate, Kind, Caring, Thoughtful, Sensitive
	LACK OF Courage	Courageous, Valiant, Brave, Daring, Assertive
	LACK OF Encouragement	Encouraged, Reassured, Supported, Upheld
DONE	LACK OF Faith - see Faith (lack of)	Abundant Faith, Trust, Belief, Hope
	LACK OF Forgiving	See Unforgiveness/Unforgiving
	LACK OF Gratitude	See Ungrateful
DONE	LACK OF Hope - see Hope (lack of)	Trust, Reassured, Hopeful, Optimistic
	LACK OF Love	Loved, Cherished, Validated, Cared For, Adored
	LACK OF Opportunities	Moving Forward, Plenty of Opportunities
DONE	LACK OF Patience - see Patience (lack of)	Patient, Calm, Pleasant, Accepting, Serene
	LACK OF Protection	See Unprotected
DONE	LACK OF Success	See Unsuccessful
DONE	LACK OF Support - see Unsupported	Supported, Buoyed Up, Upheld, Sustained
	LACK OF Thankfulness	See Unthankful
	LACK OF Tolerance	See Intolerant
DONE	LACK OF Trust - see Trust (lack of)	.Trust, Assurance, Conviction, Fervor
	LACK OF Understanding	Perceptive, Aware, Discerning, Understanding
	Lacking	Adequate, Good Enough, Gifted, Valuable
DONE	Lazy	Ambitious, Industrious, Motivated, Resolute
	Leech	Self-Sufficient, Contributing, Capable
	Left-out	.Included, Honored, Supported, Cared About
	Less Than	Equal to, Important, Talented, Esteemed
	Let down	Edified, Elevated, Built Up, Supported
	Like Myself (I DON'T)	SEE EXAMPLES
	Limited	Unlimited, Powerful, Effective, Efficient

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	Listless	Heedful, Concerned, Thoughtful, Enthused
	Livid	Forgive, Merciful, Love, Calm, Peaceful
	Loathe	Love, Harmonious, Peaceful, Benevolent
	Loathsome	Lovable, Beautiful, Pleasant, Agreeable
	Lonely	Love/Accept Self, Secure, Connected
	Longing	Content, Accepting, Peaceful, Fulfilled
	Looser	Winner, Competent, Confident, Capable, Secure
DONE	Lost	Purposeful, Directed, Decisive, Focused
	Love - LACK OF	Loved, Cherished, Validated, Cared For, Adored
I DONE	Loving and Liking Myself (NOT)	See examples
	Low	High, Wonderful, Exhilarated, Uplifted
DONE	Low Self-Esteem	High Self-Esteem, Accept/Love Self, Divine
DONE	Low Self Worth	added by Glenn
	Luckless	Blessed, Fortunate, Successful, Happy
	Lukewarm	Responsive, Enthused, Spirited, Zealous
	Lunatic	Sane, Rational, Sensible, Peaceful, Calm
	Lustful	Moral, Temperate, Virtuous, Disciplined
	Lusting	Wholesome, Upright, Noble, Respectable
	Lying (Like)	Truthful, Honest, Straightforward, Honorable
	Mad	Forgive, Happy, Joyful, Content, Loving
	Maimed	Healed, Renewed, Regenerated, Soothed
	Malice	Kindness, Forgive, Benevolent, Wholesome
	Malicious	Virtuous, Honest, Honorable, Kind, Noble
	Maligned	Pardoned, Vindicated, Exonerated, Honored
	Manipulated	Masterful, Strong, Steadfast, Tenacious
	Manipulative	Letting Go of Control, Allow, Accept
	Martyr (Like a)	Noble, Mighty, Unshaken, Masterful
	Materialistic	Accepting Self, Worthy, Meek, Humble
	Mean	Loving, Kind, Caring, Considerate, Virtuous
	Meddler	Uninvolved, Uninterested, Trustworthy
	Melancholy	Happy, Spirited, Delighted, Cheerful
	Mental poisons	Releasing Negativity, Forgiving the Past
	Merciless	Merciful, Love, Caring, Kind, Compassionate

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	Miffed	Forgive, Love, Kind, Merciful, No Blame
	Mischievous	Harmless, Safe, Responsible, Prudent
	Miserable	Comfortable, Happy, Pleasant, Calm, Settled
	Miserly	Generous, Giving, Contributing, Sharing
	Misfortune	Fortunate, Blessed, Grateful, Forgive
	Mistreated	Defended, Protected, Honored, Favored
	Misunderstand	Understand, Grasp, Comprehend, Enlightened
	Misunderstood	Understood, Pardoned, Appreciated, Valued
	Misused	Forgive, Confident, Steadfast, Masterful,
DONE	Mixed Up	Decipher, Understand, Comprehend, Realize
	Moody	Stable, Steadfast, Happy, Cheerful, Constant
	Morbid	Normal, Sound, Good-Natured, Sane
	Mortified	Pardoned, Restored, Uplifted, Valued
	Mournful	Happy, Cheerful, Joyful, Regenerated
DONE	Muddled	Focused, Clear, Rational, Sensible
	Murmuring	Forgive, Accept, Content, Peaceful
	Naive	Wise, Knowledgeable, Understanding
	Narrow-Minded	Open-Minded, Observant, Receptive
	Naughty	Obedient, Responsive, Virtuous, Agreeable
	Need For Approval	Approve of Myself, Accept Self, Confident
DONE	Negative (thinking or attitude)	Positive, Happy, Peaceful, Cheerful
	Neglected	Attended to, Cared for, Cherished, Supported
	Negligent	Attentive, Thoughtful, Responsible, Caring
	Nervous	Calm, Relaxed, Confident, Peaceful, Serene
	Neurotic Attachment	Self-Secure, Independent, Balanced, Rational
	No Good	Very Good, Valuable, Priceless, Worthy
	No Way Out	There is a Way Out, There is an Answer, I CHOOSE Finding the Answer
	Not Enough (I'm)	I AM Enough, Exceptional, Worthy, Important
	Nothing (Like I'm)	Valued, Cherished, Highly Regarded, Loved
	Novice (Like a)	Expert, Authority, Proficient, Skillful
	Numb	Sensitive, Awake, Aware, Caring, Loving
	Nuts (Driving Me)	Normal, Balanced, Positive, Happy, Flowing

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	Obnoxious	Pleasant, Agreeable, Delightful, Affable
	Obscure	Noticed, Significant, Distinguished, Honored
	Obsessed	Emancipated, Uninhibited, Uninterested, Relaxed
DONE	Obsessive	Rational, Indifferent, Unconcerned, Carefree
	Obstinate	Flexible, Movable, Yielding, Manageable
	Obstructed	Unobstructed, Open, Flowing, Relaxed
	Offended	Forgive, Peaceful, Calm, Pardoned, Allow
	On Edge	Peaceful, Calm, Relaxed, Mellow, Tranquil
	Opinionated	Accepting, Open-Minded, Flexible, Movable
	Opportunities - LACK OF	Moving Forward, Plenty of Opportunities
	Opposing	Helping, Agreeing, Defending, Cooperative
	Oppressed	Liberated, Released, Carefree, Happy
	Out Of Control	.In Control, Centered, Calm, Grounded
	Out Of Sorts	Peaceful, Calm, Serene, Content, Happy
	Outcast	.Included, Accepted, Restored, Honored
	Outraged	Forgive, Calm, Peaceful, Collected
	Outsider	.Included, Cherished, Valued, Connected
	Over Analyzing	Accepting, Allowing, Releasing, Letting Go
	Over Bearing	Humble, Quiet, Gentle, Gracious
	Over Concerned	Calm, Kind, Benevolent, Allowing
	Over Empathetic	Allow Others Their Experiences, It's Okay
	Over Loaded	Carefree, Relieved, Relaxed, Using Wisdom
	Over Looked	Recognized, Acknowledged, Honored, Respected
	Over Powering	Resistible, Controllable, Bearable, Enduring
DONE	Over Whelmed	Calm, Carefree, Flowing w/Ease, Relieved
	Over Whelmed with Burden	Burdens Lifted, Light, Relieved, Carefree
	Over Worked	Wise, Knowing When to Quit, Resting
	Over-Sensitive	Forgiving, Accepting, Confident, Loving
	Pained	Comfortable, Eased, Soothed, Tranquil
	Panic-Stricken	Fearless, Calm, Peaceful, Trusting
	Paranoid	Normal, Calm, Centered, Together

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	Past - Not letting Go, Living In, Etc (Illnesses associated with)	See in Illness Table: Corns, Diabetes, Elimination Problems, Female Problems, Fever, Fungus, Glandular Problems, Incurable Disease, Insanity, Intestinal Diseases, Jet Lag, Kidney Problems, Liver Problems, Male Problems, Nerves - Parasympathetic, Prostate Problems, Spastic Colon,
I DONE	Past - Not letting Go, Living In, Etc (two scripts) (Feelings from associated Illnesses)	Holding onto hurts of past experiences. Ashamed of something you did in the past. Holding on to past experiences. Holding on to the past. Not letting go of the past.. Refusing to "let go" of the past. Inability to let go of the past. Allowing the past to rule the now. Hanging on to old concepts/can't change. Living in the past. Need to forgive all situations & people of the past. Unable to let go of old ideas or things of the past Wanting to live in the past instead of the present. Deep subconscious resentments toward people & experiences of the past. Feelings of regret over the past. Refusing to let go of the past. Holding onto unpleasant memories of past relationships. Unable to let go and flow with life
DONE	Patience - LACK OF	See Lack of Patience
	Peculiar	Normal, Usual, Ordinary, Conventional
DONE	Peeved	Forgive, Merciful, Peaceful, Amused
	Perfectionist (I'm a)	Lenient, Relaxed, Easy-going, Moderate
	Perplexed	Enlightened, Understand, Clear Perception
	Persecute (Self)	Forgive, Accept, Love, & Validate Self
	Persecuted	Forgive, Cherished, Appreciated, Invincible
	Perturbed	Forgive, Allow, Connected, Relaxed
	Perverted	Balanced, Chaste, Pure, Modest, Directed
	Pessimistic	Optimistic, Hopeful, Happy, Jovial
	Petty	Forgive, Love, Accept, Benevolent
	Phobia	Grounded, Reassured, Trust, Fearless, Focused
	Phony	Authentic, Genuine, Sincere, Honest, Real

Adapted by Glenn Molinari from *Feelings Buried Alive Never Die*
by Karol K Truman

	Pitiful	Happy, Cheerful, Joyful, Delightful
	Poor	Rich, Wealthy, Prosperous, Grateful
DONE	Possessive	Release, Let Go, Emancipate, Sharing
	Poverty-Stricken	Affluent, Prosperous, Wealthy, Abundant
	Powerless	Powerful, Strong, Resolute, Masterful, Invincible
	Prejudice	Tolerant, Accept, Allow, Forgive, Love
	Prejudiced	Unbiased, Objective, Open-Minded, Receptive
	Pressured	Relieved, Relaxed, Pacified, Soothed
	Pretence	Genuine, Sincere, Honest, Truthful
DONE	Pride	Humble, Modest, Teachable, Contrite
	Prisoner (Like A)	Liberated, Pardoned, Vindicated, Free, Invincible
DONE	Procrastinator/Procrastination	Punctual, Motivated, Determined, Resolute
	Protect Self (Have To)	Cautious, Trusting, Caring, Value Self
DONE	Proud (combined with PRIDE)	Humble, Grateful, Honored, Pleased
	Punished	Forgive, Strong, Steadfast, Dauntless, Invincible
	Punishing (self/others)	Forgiving, Loving, Accepting, Merciful
	Pushed	Encouraged, Supported, Competent
	Quarrelsome	Harmonious, Peacemaker, Good-Natured
	Quick- Tempered	Forgive, Slow to React, Patient, Serene
	Quitting (Like)	Steadfast, Resolute, Strong, Dauntless
	Rag, On (Someone)	Praise, Laud, Commend, Honor, Value
DONE	Rage	Understand, Peaceful, Forgive, Love, Calm
	Rattled	Composed, Confident, Sure, Peaceful
	Ravenous	Satisfied, Comfortable, Happy, Content
	Raving	Rational, Calm, Centered, Peaceful
	Rebellious	Submissive, Cooperative, Obedient, Content
	Refusal	Cooperative, Compromising, Teachable
	Regret	Forgive Self, Accept, Move Forward
	Rejected	Accepted, Loved, Cherished, Favored
	Reluctant	Eager, Willing, Inclined, Cooperative
	Remorse	Forgive, Peaceful, Content, Love
	Repel Others	Attract Others, Magnetic, Invite, Love
	Repressed (Anything)	Uninhibited, Bringing to the Surface, Face

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	Reprobate (Like a) (not respectable or morally correct)	Virtuous, Moral, Honest, God- Fearing
	Reproved	Approved Of, Favored, Accepted, Recognized
	Repulsive	Acceptable, Agreeable, Pleasant, Delightful
	DONE Resentful	Forgive, Charitable, Accept, Love, Understand
	Resentment	Forgive, Tolerant, Compliant, Peaceful
	Resistant	Agreeable, Flexible, Giving, Open, Caring
	Restless	Quiet, Sedate, Relaxed, Calm, Content
	Restrained	Forgive, Liberated, Free, Demonstrative
	Restricted	Open, Free, Independent, Relaxed, Let Go
	Retaliating (feel Like)	Forgive, Excusing, Merciful, Peaceful
	Reticent	Eager, Enthused, Looking Forward To
	Revenge	Forgive, Merciful, Pardon, Love, Remorse
	Revolting	Appealing, Honorable, Creditable, Upright
	Ridiculed	Praised, Approved of, Applauded, Commended
	Ridiculous	Sensible, Confident, Dignified, Rational
	Right (Have to Be)	It's Unnecessary, Allow Others, Safe, Okay
	Rigid	Flexible, Pliable, Flowing, Open, Loving
	Rotten	Wonderful, Fantastic, Exhilarated, Vital
	Rude	Gracious, Kind, Considerate, Courteous
	Ruined	Restored, Mended, Prosperous, Preserved
	Running Away (feel Like)	Confronting, Responsible, Accountable
	Rushed	Calm, Collected, Centered, Organized
	Rut (In a)	Moving Forward, Learning, Growing
	Ruthless	Forgive, Merciful, Compassionate, Gentle
	Sabotaged	Upheld, Supported, Reassured, Sustained, Secure
	Sad (General Sadness)	Happy, Jovial, Cheerful, Tenacious
	Sad For Person	Added by Glenn
	Sad For Loss Of Refuge	Added by Glenn
	Sad For Loss Of Friendship	Added by Glenn
	Sarcastic	Flattering, Complimentary, Loving, Sensitive
	Savage	Tamed, Gentle, Loving, Forgiving, Kind
	Scapegoat (Like a)	Vindicated, Liberated, Restored, Empowered

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DONE	Scattered	Gathered, Focused, Collected, Concentrated
	Scoffing	Praising, Approving, Applauding, Commending
	Scorned	Acknowledged, Welcomed, Accepted
	Scornful	Respectful, Admirable, Gracious, Caring
	Scum	Worthwhile, Valued, Credible, Cherished
	Seething	Forgiving, Accepting, Calm, Peaceful
	Self-Centered	Selfless, Caring, Loving, Sensitive
	Self-Condemnation	Self-Love, Self-Praise, Self-Acceptance
	Self-Confidence - LACK OF	Self-Confident, Self-Assured, Secure, Important
	Self-Conscious	Confident, Relaxed, At Ease, Assertive
	Self-Contempt	Forgive Self, Accept Self, Facing Issues
	Self-Doubt	Self-Trust, Self-Confident, Self-Assured
	Selfish	Unselfish, Selfless, Caring, Considerate
	Self-Rejection	Self-Acceptance, Self-Love, Self-Worth
	Self-Violence	Self-Love, Self-Acceptance, Forgiving Self
	Self-Willed	Disciplined, Manageable, Obedient, Cooperative
	Separate/Separated	Unified, Connected, Joined, Bonded
	Shallow	Having Substance, Meaningful, Depth
DONE	Shameful	Admirable, Credible, Decent, Worthy
	Shameless	Modest, Reserved, Dignified, Sensitive
	Shiftless	Efficient, Directed, Motivated, Focused
	Shocked	Unshaken, Comforted, Humored, Renewed
	Shoved Aside	Needed, Included, Appreciated, Cherished
	Shunned	.Included, Regarded Highly, Appreciated
	Shy	Gregarious, Friendly, Appropriately Assertive
	Sickly	Healthy, Vibrant, Vital, Robust, Exuberant
	Silly	Reasonable, Rational, Logical, Fun, Sensitive
	Sinful	Repentant, Virtuous, Honest, Chaste, Caring
	Sinking	Buoyed Up, Elevated, Uplifted, Invigorated
	Slandered	Approved Of, Favored, Credited, Appreciated
	Slave (feel Like a)	Appreciated, Valued, Liberated, Renewed
	Slighted	Recognized, Appreciated, Valued, Respected
	Sloppy	Neat, Tidy, Organized, Particular, Clean

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	Slothful	Ambitious, Industrious, Motivated
	Slow	Fast, Quick, Accurate, Surpass, Supersede
	Sluggard (feel Like a)	Diligent, Steadfast, Resolute, Improving
	Smothered	Breathe Easily, Free Flowing, Released
	Smug	Modest, Retiring, Reserved, Humble
	Sneaky	Reliable, Integrity, Honest, Responsible
	Sore	Comfortable, Merciful, Peaceful, Calm
DONE	Sorrowful	Joyful, Happy, Full of Life, Cheerful
	Speechless	Verbose, Expressive, Communicative
DONE	Spiteful	Forgive, Love, Pleasant, At Peace, Calm
	Spoiled	Disciplined, Cooperative, Teachable
	Stagnant	Progressive, Active, Moving Forward
	Standstill (At a)	Moving Forward, Motivated, Progressing
	Stationary	Mobile, Changing, Moving, Progressing
	Stifled	Encouraged, Making Progress, Supported
	Stingy	Giving, Generous, Unselfish, Sharing
	Stressed	Relaxed, Calm, Flowing w/Life, Peaceful
	Strife	Peaceful, Contentment, Harmony, Love
	Struggling	Flowing, Directed, Peaceful, Order & Ease
	Stubborn	Flexible, Amenable, Good Natured, Agreeable
DONE	Stuck (Like I'm)	Aware, Flowing, Moving Forward
	Stuffing Feelings	Accept & Own Feelings, Resolving Them
	Stupid	Brilliant, Wise, Understand, Astute
I DONE	Success - FEAR OF	added by Glenn
DONE	Success - LACK OF	See Lack of Success
	Suffering	Comforted, Healed, Renewed, Rescued
	Suffocating	Breathing Freely, Spaciousness, Secure
	Suicidal	Love Life, Enthused, Precious, Cherished
	Sulky	Humorous, Sociable, Happy, Harmonious
	Superficial	Unique, Authentic, Trustworthy, Real
	Superior	Equal To, Humble, Teachable, Nurturing
	Support - LACK OF	Supported, Buoyed Up, Upheld, Sustained
	Suppressed	Liberated, Restored, Nourished, Sustained

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	Survival (Fighting for)	Invincible, Supported, Cared & Provided for
	Suspicious	Trust, Accept, Forgive, Allow
	Tactless	Tactful, Considerate, Kind, Tender, Sensitive
	Taker	Giver, Giving, Considerate, Kind, Sharing
	Talk Too Much	Balanced, Concise, Disciplined, Quiet
	Temperamental	Even- Tempered, Cool-Headed, Mellow
	Tempted	Steadfast, Restrained, Courageous, Resolute
	Tense	Relaxed, Yielding, Flowing, Flexible
	Tension	Fearless, Relaxed, Peaceful, Effortless
	Terrible	Wonderful, Great, Relieved, Tranquil
	Terror/Terrified	Calm, Relaxed, Reassured, Protected, Invincible
	Thankfulness - LACK OF	See Lack of Thankfulness
	Thin-Skinned	.Thick-Skinned Unaffected, Confident
	Thoughtless	Thoughtful, Considerate, Sensitive, Aware
	Threatened	Safe, Protected, Sustained, Secure, Invincible
	Thwarted	Encouraged, Supported, Accomplish Purpose
	Ticked-Off	Forgive, Peaceful, Love, Letting Go, Allow
	Timid	Out Going, Assertive, Eager, Forthright
DONE	Tired	Energetic, Vigorous, Vital, Alert, Peppy
	Tolerance - LACK OF	See Lack of Tolerance
	Tormented	Untroubled, Tranquil, Serene, Peaceful
	Traitor	Loyal, True, Honest, Virtuous, Steadfast
DONE	Trapped	Liberated, Relieved, Let Go, Carefree, Invincible
	Trembling	Steady, Rooted, Stable, Strong, Secure
	Tribulation	Steadfast, Blessed, Fortunate, Triumphant
	Troubled	Content, Accept, At Ease, Settled, Calm
I DONE	Trust - LACK OF	Trust, Assurance, Conviction, Fervor
DONE	Trusting Myself (NOT)	SEE EXAMPLES
	Turmoil (In)	Organized, Orderly, Focused, Peaceful, Invincible
	Turned Off	Accept, Forgive, Love, Turned On
	Two-Faced	Sincere, Loyal, Faithful, Principled, Honest
	Tyrant (Like a)	Love, Kind, Helpful, Caring, Compassionate
	Ugly	Beautiful, Comely, Graceful, Unequaled

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	Unable	Able, Capable, Gifted, Competent, Endowed
	Unable To Express Self	Secure & Confident In Expressing My Self
	Unacceptable	Acceptable, Approved Of, Acclaimed, Loved
	Unappreciated	Appreciated, Loved, Valued, Revered
	Unaware	Aware, Cognizant, Perceptive, Informed
	Unbearable	Bearable, Tolerable, Endurable, Victorious
	Unbeliever	Believer, Trusting, Reassured, Converted
	Uncertain	Certain, Decisive, Resolute, Committed
	Uncharitable	Charitable, Loving, Kind, Giving, Sharing
	Uncomfortable	Comfortable, At Ease Undisturbed
	Uncommitted	Trust Self, Constant, Confident, Committed
	Uncompromising	Compromising, Cooperative, Giving
	Unconcerned	Concerned, Caring, Supportive, Sensitive
	Unconscious	Conscious, Aware, Mindful, Astute
	Uncontrollable	Controllable, Cooperative, Manageable, Calm
	Undecided	Decisive, Resolute, Settled, Committed
	Understand (Don't)	Do Understand, Comprehend, Grasp, Embrace
	Understanding - LACK OF	Perceptive, Aware, Discerning, Understanding
	Undeserving	Deserving, Worthy, Praiseworthy, Priceless
	Undesirable	Desirable, Favored, Welcomed, Acceptable
	Undisciplined	Disciplined, Reliable, Steady, Constant
	Uneasy	At Ease, Placid, Soothed, Relaxed, Comfortable
	Unfair	Forgiving, Fair, Judicious, Merciful
	Unfeeling	Feeling, Caring, Concerned, Loving
	Unfit	Fit, Capable, Worthy, Skilled, Competent
	Unforgivable	Forgivable, Merciful, Loving Exonerated
DONE	Unforgiving	Forgiveness, Pardon, Excuse, Accept
	Unfriendly	Friendly, Outgoing, Personable, Caring
	Unfulfilled	Fulfilled, Pleased, Qualified, Content, Serene
	Ungrateful	Grateful, Thankful, Appreciative, Humble
	Unhappy	Happy, Joyous, Pleased, Accepting, Radiant
	Unimportant	.Important, Worthwhile, Valuable, Validated
	Unjust	Fair, Just, Equitable, Reasonable, Balanced

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	Unkind	Kind, Caring, Considerate, Thoughtful
	Unlovable	Lovable, Cherished, Honored, Favored
	Unloving	Loving, Caring, Respectful, Accepting
	Unlucky	Lucky, Fortunate, Successful, Trusting
	Unmerciful	Merciful, Forgiving, Compassionate
	Unmindful	Mindful, Aware, Cognizant, Conscious of
	Unnoticed	Noticed, Recognized, Saluted, Valued
	Unorganized	Organized, Systematic, Directed, Prepared
	Unpleasant	Pleasant, Pleasing, Gracious, Agreeable
	Unpopular	Popular, Well-liked, Approved of, Loved
	Unprepared	Prepared, Well-organized, Skilled, Trained
	Unproductive	Productive, Effective, Useful, Successful
	Unprotected	Protected, Guarded, Secure, Strengthened
	Unqualified	Qualified, Competent, Capable, Equal to
	Unreasonable	Reasonable, Rational, Sensible, Prudent
	Unreceptive	Receptive, Accepting, Enthused, Tolerant
	Unrelenting	Relenting, Yielding, Merciful, Flexible
	Unreliable	Reliable, Dependable, Responsible, Tenacious
	Unrepentant	Repentant, Contrite, Reverent, Caring
	Unresolved (Anything)	Forgive, Understand, Love, Caring, Sensitive
	Unsatisfied Needs	.Important, Valuing My Self, Claiming My Needs
	Unsettled	Settled, Organized, Stable, Steady, Secure
	Unstable	Very Stable, Steady, Constant, Steadfast
	Unsuccessful	Successful, Productive, Worthwhile, Capable
DONE	Unsupported	Supported, Encouraged, Defended
	Unsure	Sure, Resolute, Confident, Certain, Steadfast
	Unthankful	Thankful, Grateful, Appreciative, Praising
	Untidy	Tidy, Neat, Orderly, Clean, Careful
	Untrusting	Trusting, Comfortable With, Confident In
	Untrustworthy	Trustworthy, Have Integrity, Honest, Valiant
	Untruthful	Truthful, Honest, With Integrity, Congruent
	Unwanted	Wanted, Welcomed, Invited, Cared For
	Unwelcome	Welcome, Included, Desirable, Thankful For

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I DONE	Unwilling/Resistant To Change(and Fear Of)	Willing, Eager, Anticipating, Enthused, Grateful
	Unwise	Wise, Prudent, Knowledgeable, Understanding
I DONE	Unworthy	Worthy, Loved, Honored, Exceptional
I DONE	Worth - Low Self (slightly different than unworthy) See Low Self Worth	see scripts done by Glenn
	Unyielding	Yielding, Flexible, Teachable, Accepting
	Upset	Calm, Collected, Tranquil, Serene, Accepting
	Uptight	Centered, Relaxed, Tranquil, Serene
	Used	Forgive, Elevated, Appreciated, Honored
	Useless	Useful, Worthwhile, Effective, Valiant
	Vague	Succinct, Definite, Clear, Precise, Focused
	Vain	Humble, Contrite, Teachable, Modest
	Vengeful	Forgiving, Relenting, Loving, Tolerant
	Vicious	Noble, Pure, Virtuous, Caring, Kind
I DONE	Victim (Feel like a)	Masterful, In Control, Invincible, Steadfast
	Vindictive	Unconditional Forgiving, Remorse, Loving
	Violated	Healing, Benevolent, Forgiving, Pardoning
	Violence (Self)	Forgiving Self, Self-love, Self-acceptance
	Violent	Calm, Appeased, Tranquil, Peaceful
	Void	Fulfilled, Peaceful, Joyful, Happy, Rooted
	Vulgar	Decent, Moral, Respectful, Couth, Refined
	Vulnerable	Protected, Guarded, Strong, Infallible
	Wallowing	Elevated, Directed, Uplifted, Secure, Valued
	Wasted	.Invigorated, Energized, Nourished, Refreshed
	Wavering	Stalwart, Steadfast, Resolute, Stable, Rooted
	Weak	Strong, Resilient, Resolute, Stalwart, Masterful
	Weak-Minded	Strong-Minded, Rational, Wise, Persevering
	Weary	Vibrant, Energetic, Strong, Radiant
	Weepy	Happy, Jovial, Balanced, Serene, Tranquil
	Why Me	Why Not Me? I Can Handle It, I Have Faith
	Wicked	Moral, Virtuous, Worthwhile, Honest
	Willful	Obedient, Cooperative, Flexible, Teachable

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DONE	Wishy-Washy	Focused, Purposeful, Strong, Steadfast
	Withdrawn	Assertive, Active, Involved, Aggressive
	Withholding	Honest, Truthful, Giving, Generous
	Worried	Trusting, Reassured, Secure, Have Faith
	Worry	Trust, Reassured, Tenacious, Steadfast, Calm

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List of Illnesses With Probable Feelings Causing Them

<p>Done</p>	<p>Abdominal Area (The abdomen contains all the digestive organs, including the stomach, small and large intestines, pancreas, liver, and gallbladder. These organs are held together loosely by connecting tissues (mesentery) that allow them to expand and to slide against each other. The abdomen also contains the kidneys and spleen.</p> <p>Many important blood vessels travel through the abdomen, including the aorta, inferior vena cava, and dozens of their smaller branches. In the front, the abdomen is protected by a thin, tough layer of tissue called fascia. In front of the fascia are the abdominal muscles and skin. In the rear of the abdomen are the back muscles and spine.</p>	<p>Incorrect use of judgment (wisdom). Identifies with possessions and has little sense of self. Feeling possessive of someone. Worrying about others/needs introspection to change self. Feels responsible for giving understanding, help and encouragement. Feeling undue tension, fear & anxiety which constricts the energy flow. Disharmony and bondage in relationships. Bound up in present fears and not trusting</p>
	<p>Abscess:</p>	<p>Seething; unresolved hurt feelings. Wanting revenge. Festering feelings. Stagnation. Holding on to an old concept</p>
	<p>Accidents:</p>	<p>High levels of stress. Tense and worried. Feeling a need to punish self. Feelings of resistance towards authority. Feeling defenseless. Unable to take a stand-wishy-washy. Feeling of being in the wrong place. No feeling of purpose (Aimless).</p>
	<p>Aches:</p>	<p>Feeling of being all alone. Feeling separated from source of love. Feeling that nobody loves me. Aching to be held and loved. Feeling efforts have been thwarted. Feelings of sadness</p>
	<p>Acne:</p>	<p>Feelings of guilt. Feeling of self rejection Disowning what is happening in life-"Denial". Unwilling to face up to issues</p>

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Done	Addictions:	Distorted memory in the DNA. Unable to think rationally. Unable to perceive clearly & correctly. Disapproval of self/running from self. Feelings of self-rejection. Feelings of despair. Feeling a void in the Soul. Wanting to avoid feeling
	Addison's Disease:	Lacks understanding of self/no sense of self. Anger at the self. Inability to understand own emotions. Feels no mercy for self
	Adenoids:	Acute disharmony in the home. Feels restricted in life/in breathing. Child feels unaccepted or hostility from someone. Feels unwelcome, in the way
	Adrenal Problems:	Feels defeated. Feels like a victim. No belief in self. "Don't care what happens to me" attitude. Lack of courage. Feelings of anxiety. Misusing the will. Subconscious belief that life must have burdens. Being disloyal to self. Unresolved jealousies & fears. Feels that one must struggle for success, power or position
	Aging Problems:	Inability to accept NOW. Fear of being one's self. Long standing unresolved negative feelings
	Agoraphobia:	Not using/unable to use the power of discernment
	AIDS:	Feeling defenseless & hopeless. Feels nobody cares. Belief of "not good enough". Denial of the self. Extreme deep-rooted anger. Negative thoughts against yourself. Lack of inner peace
	Alcoholism:	Inability to cope/futility/"What's the use?" attitude. Feelings of worthlessness/self-rejection. Feelings of living a lie/guilt/inadequacy. Locked in by unresolved negative emotions. Locked in by believing the negative words of others. Protecting against feelings one is afraid to feel. Worried/bothered by lack of communication with others
Done	Allergies:	Suppressed weeping. Imitation substitute for colds. Feelings that don't seem to have an answer to change. Fear of sharing feelings with people. Feeling stifled. Denying own power. Feeling aggravated by someone or something Also see Hay Fever

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	Alzheimer's Disease:	Tired of coping. Can't face life anymore. Feels unable to be in control of own life. Feelings of inferiority & insecurity. Suppressed anger. Wants to live in own little world. Feelings of hopelessness & helplessness
	Amnesia:	Unable to be assertive/to stand up for self. Wanting to escape life's problems/running from life. Fear of the future
	Anemia:	Angry at self for inability to control things. Feeling life is not going the way I want. Feelings of "I'm not enough". Not loving yourself. Manipulative but resentful if being manipulated. Devoted/possessive of someone else. Feels there is no joy. Lack of order in life
	Anemia: (Pernicious)	Feelings of total helplessness. Have given up. Deep, unresolved grief
DONE	Aneurysm:	Dealing daily with more responsibility than the body can handle. Not facing the need to change day to day situation. Feels the need to be everything to everyone all the time
DONE	Ankles - Swollen	Feeling overworked, but can't quit. Feels there is no relief from pressures in life
DONE	Ankles	Fears falling or failing. Inflexibility. Instability in present situation
	Anorectal Bleeding:	Anger. Frustration
	Anorexia:	Feels totally unable to please parent (usually mother). Feels unable to live up to expectations of others. Feelings of self-rejection/self-hatred. Lack of spiritual understanding/of knowing yourself. Don't know how to love self or be self. Your soul wants to leave (self-destruction)
	Anus:	Survival is threatened by outer conditions. Feeling powerless in some area
	Anxiety:	Feels unable to "call the shots" in life. Feels boxed in. Feels helpless to affect a change
	Apathetic:	"Spark of life" has been turned off. Doesn't want to feel
	Appendicitis:	Undue fears about life. Unable to deal with fear: energy flow is constricted. Wanting something but feel you can't obtain it
	Appetite - Excessive	Feeding the need for love, acceptance & protection
	Appetite - Loss Of	Incorrect perceptions causing distrust & a form of depression

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	Arm - Left	Not bringing enough spirituality to yourself
	Arm - Right	Not doing enough physically for yourself
DONE	Arteries - Hardening:	Fears being disappointed. Hard-hearted. Being dictatorial. Feeling obstructed or delayed in life. Unresolved feelings obscuring the flow of life. Perfectionism
	Arteriosclerosis	Long-standing inability to express feelings and emotions. Unable to see the good. Layers of unresolved feelings built up inside. Refusing to be open-minded. Worried about not being perfect
	Arthritis - Rheumatoid:	Body is receiving conflicting messages, like: Laughing on the outside, but crying on the inside. Feels totally helpless in ability to change life's burdens
DONE	Arthritis:	Severely criticizing self or others. Holding onto feelings of hostility. Holding onto own opinions & beliefs. Long term tension or anger in life. Feelings of anxiety and/or Depression endured over long periods of time. Belief that it's wrong to get angry which creates; Repressed anger that eats you up. Need to be right. Rigid in thinking & feelings. Uncompromising attitude. Inflexibility
	Asthma:	Reliving childhood fears. Need for dependence. Chronic anxiety & fear. Unconscious dependency wishes. Feeling dominated by a parent. Wanting to protest, but unable. Being over-sensitive. Suppressed sorrow or crying. Feelings of being stifled. Not satisfied with yourself
	Autoimmune System:	Laughing on the outside, but crying on the inside. Feels totally helpless. Have given up. Deep seeded/seated grief
DONE	Back - Lower:	Feels unsupported financially. Experiencing fear where money is concerned. Wanting to back out of something. In a relationship that hurts. Running away from a situation ALSO SEE - Back Problems, Sacroiliac Problems, Sciatica, Tailbone, Pelvis , Slipped Disc and Sexual Issues
DONE	Back - Middle:	Feeling guilty. Lacking self-support. Lacking in self-confidence

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DONE	Back - Small Of	See Cancer - Small of back
DONE	Back - Upper:	Feels unsupported or burdened emotionally. Withholding your love from others. Feeling agitated or anxious. Feelings of frustration
DONE	Back Problems:	Feeling no support. Can't cope with emotional difficulties. Feeling burdened emotionally. Feelings of frustration. Wanting someone to "get off my back" ALSO SEE - Back - Lower, Sacroiliac Problems, Sciatica, Tailbone, Pelvis , Slipped Disc and Sexual Issues
	Bad Breath:	Worrying instead of priority planning. Reacting to plans that have gone awry
	Bedwetting:	Feelings of fear toward parent (usually father). Unconscious anger. Don't know how to get what you want. Need for attention
DONE	Bladder Problems:	Repression of sexual feelings. Inharmonious male & female emotional relationships. Sexual identity going unexpressed. Unable to release things or ideas no longer needed. Feels over concerned with survival issues (money, job, health). Lack of order or obsessed with order. Yearning
	Blisters:	Feeling unprotected emotionally. Resisting the flow of life. Staying in a habit that irritates you
	Bloating:	Feeling stuck in your life situation. Unable to change what you don't like/have to live with it. Unable to express your true feelings (you swallow them)
	Blood Disorders:	Root cause: Lack of pure self-love & love for others. Feeling powerless in some area of life. Feelings of deep anger. Feelings of long-standing ill will. Intense depression
	Blood Problems:	Not feeling joy in life. Stagnant thinking. Unable to flow with life. Feelings of fear
DONE	Boils:	Letting out stirred up feelings. Something stagnant finally coming to a head
	Bone Problems:	Resisting authority. Internally punishing self
	Bones: (Broken)	Feelings of separation. Feelings of resentment going unresolved. Rebelling. The feeling nature is very obstinate or fixed
DONE	Bowel - Irritable Bowel Syndrome:	Not being open about what you really feel. Holding back. Loss of enthusiasm & drive

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<p>DONE</p>	<p>Bowels: (can mean, vaguely, the gut or anything in the abdomen.)</p>	<p>Fear of displeasing a loved one. Fear of releasing the old that is no longer useful. Fearful of not having ample means. Unable to control outer situation; tries to control a substitute Unwillingness to relinquish control Inability to eliminate possessive attitudes Also see diarrhea, dysentery, elimination problems, intestines</p>
	<p>Brain/Mind - Left-Right Split</p>	<p>Left: Spiritual direction/Feminine side/Protecting/Receiving/Taking side. Right: Physical direction/Masculine side/Fighting/Giving/Releasing side</p>
	<p>Brain:</p>	<p>Extreme nervousness. High anxiety. Feeling unable to control life. Not open to what you really feel.. Holding back/keeping things to yourself. Not relaxed enough to give of your knowledge</p>
	<p>Breasts:</p>	<p>Conflict of worthiness. Denying individual worth. Feels conflict in nurturing ability. Not nurturing yourself</p>
<p>DONE</p>	<p>Bronchitis:</p>	<p>(Your bronchial tubes, which carry air to your lungs, get infected and swollen. You end up with a nagging cough and a lot more mucus. (Chronic bronchitis: It keeps coming back or doesn't go away at all. It's one of the conditions that makes up what's called chronic obstructive pulmonary disease (COPD) Extreme disharmony in the home. (A baby always feels the disharmony is their fault). Wanting to be able to change things, but can't. Wanting to be in charge, but can't</p>
	<p>Bruises:</p>	<p>Feels a need to punish self. Not resolving feelings toward a certain situation</p>
	<p>Bulimia:</p>	<p>Mistaken self-image. Inability to accept self. Feelings of no control over one's self. Unsatisfied needs never met. Feelings of self-contempt. Feels unable to measure up to others expectations. Need for spiritual growth</p>
	<p>Bunions:</p>	<p>Constant & chronic fear. Being stubborn and inflexible in your direction</p>
	<p>Bursitis:</p>	<p>Feelings of anxiety. Feelings of anger which have been repressed. Feel you have lost control. Feeling helpless to change a situation. Tension built up. Holding back hitting someone. Frustrated with the flow of life</p>
	<p>Calluses:</p>	<p>Inability to flow with life. Not wanting to circulate & be open to new learning</p>

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DONE	Cancer	A FORM OF SELF-DESTRUCTION
DONE	Cancer - blood - Leukemia	Intense depression. Anger or ill will. Lack of pure love for self & others
DONE	Cancer - cervix	Repressed anger
DONE	Cancer - female organs:	Repressed anger (Usually at male authority figures). Feeling an emptiness in life. Unresolved resentments. Feelings of hostility being suppressed. Rejecting the self. Feelings of despair. Feelings of loneliness being repressed. Poor relationship with parents. Inability to cope with a traumatic loss. Feelings of hopelessness/helplessness being repressed. Mental depression. Holding on to deep anger, resentment, hate, revenge or jealousy. Not open to "light" or divine help. Subconscious death wish-no desire to live
DONE	Cancer - Prostate	Repressed anger at being restricted
DONE	Cancer - Skin	A form of destruction due to Feeling inadequate or unworthy
DONE	Cancer - Small of Back	Continual inside strife, but appearing happy. Carrying life's burdens. Unresolved emotional burdens
DONE	Cancer - Stomach:	Feelings of wanting to get even. Feelings of spite. Wanting revenge Feelings of condemnation & hatred. Feelings of malice. Feelings of wanting to get even. Unforgiveness
DONE	Cancer - Uterine:	Being 'ticked off' at the male gender. Repressed anger. Feeling like a martyr
	Candida:	Begins with doubting your Self. Resentment multiplying inside. Inability to claim one's own power. Unresolved negative feelings molding in the body. Continually blaming others on a sub-conscious level
	Canker Sores:	Unresolved negativity. Overwork coupled with emotional stress. Emotional upset. Anxious over details
DONE	Cardiovascular Disorder:	Driven to compete, achieve and acquire material wealth. Feelings of agitation and impatience. Wanting matters to move more quickly. Low self-esteem
	Carpel Tunnel:	Feeling that life isn't fair. Inability to claim one's own power. Feeling justice is never served in your behalf

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	Cervix - Cancer Of	See Cancer of Cervix
	Chest (Belief & emotional center)	Unidentified unresolved fears. Not feeling approval. Inability to claim one's own power. Lack of self love. Feelings of being unprotected. Hurts where love is concerned
	Childhood Disease:	Child responding to mother's feelings. Feelings of helplessness. Emotional needs not being met. Feeling shoved aside
	Cholesterol:	Belief that "I'm not supposed to be happy". Denying self joy
	Chronic Diseases:	Distrusts the process of life. Unwilling to change for the better
DONE	Chronic Fatigue Syndrome:	Feeling totally alone. Feelings of desolation. Feelings of despair. Feeling hopeless - "It's no use". Tired of trying to prove yourself. Low self-worth. Has lost the will to live
	Circulation Problems: (Love of self and others drives circulation)	Feeling overloaded. Not enjoying job, but can't quit or let go. Feelings of tension & discouragement. Feeling "I must prove myself, but how?". Putting yourself down.
	Cold Sores: (Fever Blisters)	Inability to express anger. Feeling pressured or burdened by responsibilities. Unable to cope with pressures of life. Feeling resentful of the load you are carrying. Not wanting to accept specific news
	Colds:	Unkind feelings toward someone. Confusion in the home. Confusion in life. Belief in seasonal sickness
	Colic:	Not happy with surroundings. Feelings of irritation. Feelings of impatience
	Colitis - Ulcerative:	Often manifest in those with obsessive-compulsive behavior. Indecisiveness. Feelings of anxiety. Unable to express hostility or anger to whom you feel it. Feels a need to conform. Feels like a martyr
	Colitis:	Overly concerned with order (lose freedom). Worrying excessively. Feelings of oppression. Feelings of defeat. Feeling a need for more affection
DONE	Colon - Ascending:	Not being generous to yourself (need to be)

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DONE	Colon - Descending:	Unable to be relaxed within yourself
DONE	Colon - Transverse:	Not being open/truthful with self or others
DONE	Colon:	Bottled up hate
	Color Blind:	Unable to see things the way they are
	Concussion:	Not wanting to know something you need to hear. Needing to accept new insights
	Conjunctivitis:	Feelings of frustration at what you see in life. Feelings of anger towards life. Not seeing the perfection in people & life
	Constipation:	Constantly fretting. Unwilling to release old feelings & beliefs. Resisting the flow of life. Blocking what you want to say. Feelings of anxiety. Unresolvable problems/determined to carry on
	Corns:	Holding onto hurts of past experiences. Hardened feelings
	Coughs:	Nervousness. Feelings of criticism. Feelings of annoyance. Feels present conditions & future possibilities are intolerable. Feel like you're choking on life
	Cramps:	Fear of pain. Holding onto incorrect perceptions of femininity. Tension built up. Feelings of guilt about what you have or haven't done
	Cystic Fibrosis:	The belief that "life works for everyone but me"
	Cystitis:	Unresolved irritability. Habitual unhappy thought patterns. Burning feelings inside. Can't get what you want
DONE	Cysts:	Feeling sorry for self. Inability to resolve hurt feelings
	Dandruff:	Feels a strong need to have things done a certain way. Impatient with the way others do things. Self-acceptance is being blocked
	Deafness:	Not wanting to hear what is going on. Lack of self-love. Feeling of poor self-worth. Wanting to be isolated. Feels more comfortable in own little world
	Dementia:	Feeling hopeless & helpless. Tired of having to struggle with life. Unresolved anger

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	Depression:	<p>Feeling "I'll never be able to be enough or do enough". Feeling "It's no use". Feeling "Things are beyond my control". Hopeless/helpless feeling. Feel like quitting or giving up on life. Anger turned inward. Insufficient exposure to sunlight (usually in Winter) can also cause depression</p>
DONE	Diabetes:	<p>Judging self or others severely. Disappointed in life. On-going feelings of sorrow. Emotional shock. Joy of life is gone. Feeling "It should have been different". Obsessed with wanting to control. Ashamed of something you did in the past</p>
	Diarrhea:	<p>Rejecting the visualization of something you don't want to accept. Wanting to be done with someone or something. Running away from a situation. Fear of something in the present. Obsessed with order. Giving up your goals when unable to have what you desire</p>
	Diverticulitis:	<p>Having a difficult time being sociable. Won't express your true feelings</p>
DONE	Dizziness:	<p>Lack of solid self-direction. Ego wants to be the boss. Not taking personal time for self. "Going around in circles" due to being unorganized. Feeling overloaded. Feeling "I don't want to cope anymore". Not wanting to accept things as they are</p>
	Dowagers Hump:	<p>Unresolved anger. Built up resentment. Carrying others burdens</p>
	Dysentery:	<p>Fear of the present. Cannot face what is going on. Hate what you are seeing. Feeling unjustly dealt with. Need to have empathy, be generous, honest, relaxed & open</p>
	Dysmenorrhea:	<p>Feelings of anger toward self. Inability to forgive self</p>
	Ear Infection	<p>Stagnating, impatience, not tolerating new information</p>
	Ear s-Hearing Problems Children	<p>Can't abide the turmoil in home</p>
DONE	EARS - Tinnitus - (Ringing in the ears)	<p>Refusing to hear ones inner voice. Not wanting to listen to higher laws. Intolerant</p>
	Ear Wax:	<p>Does not want to hear about new things</p>
	Earache:	<p>Feelings of anger at what you are hearing. Can't tolerate new information. Don't want to hear what is going on</p>

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	Ears - Hearing problems:	Trying to force someone to hear things your way. What are the advantages of not hearing?
	Ears:	Hearing corresponds to the understanding. Intolerance. Impatience. Feel nobody is listening to you. You don't want to listen to others
	Eczema:	Over-sensitive. Feel you are being interfered with or prevented from doing something, thus feeling frustrated. Unresolved hurt feelings. Unresolved feelings of irritation
	Edema:	(Edema is a swelling, usually of the legs, feet, and/or hands due to the accumulation of excessive fluid in the tissues) Sympathy for self, keeping you from moving too fast. Body's way of putting on a cast. Feeling a need to be immobilized in some area of body. Holding onto something that is not necessary
	Elbow:	Inability to accept new experiences. Inability to change focus. Resisting achievement or sense of confidence
	Elimination Problems:	Deep subconscious resentments. Holding on to past experiences. Not letting go, which creates blockages. Tension built up
	DONE Emphysema:	(Emphysema is a form of chronic, long-term) lung disease. This and chronic bronchitis are the two main types of COPD Feeling unworthy to live. Fears taking in life to the fullest. Unable to be yourself
	Endocrine System:	Drastic imbalances in life
	Endometriosis:	Deep-seeded unresolved sadness going unanswered. Feelings of frustration. Feelings of insecurity. Lack of self-love. Wanting to blame problems on others. Lacking in understanding of self. Dwelling in old limiting concepts..
	Energy: (continual lack of)	Unresolved deep-seeded sadness. Tired of the day to day struggle. Wishing you could "quit"
	Epilepsy:	Feeling a need to persecute self. An inability to accept how you do things. Wanting to reject life. Violence against the self

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DONE	Eyes	Not wanting to understand what you are seeing. Not seeing the truth. Fearing the future. Not wanting to see life as it is. Life is weak and out of focus. Not seeing eye to eye with another. Not forgiving. Inability to see one's own self-worth
	Eyes - Bags under:	Holding on to old inaccurate concepts
	Eyes - Blinking (uncontrolled):	Always running out of time, which causes: Not wanting to see what you haven't done. Wasting time in between opportunities
DONE	Eyes - Cataracts:	Not wanting to see the future. Not seeing any future for yourself. Failing to share your knowledge or skills
	Eyes - Circles under:	Bitterness. Resentment/hurt. Self-condemnation. Feeling unfulfilled. Deep-seeded grief. Remorse/regret
	Eyes - Dry:	Unable to express grief. Feelings turned off. Incorrect perceptions from early years; keeping tears from flowing
	Eyes - Eyelids:	Flaky skin - Feeling inadequate or unworthy. Unable to say what you feel Protruding - Resenting change. Do not want to voice how you feel. Red - Not speaking truth of what you see. Feeling resentment because of this
	Eyes - Glaucoma	Protracted hostility
	Eyes - Itching	Feel you're not doing what is best for you. Not seeing what needs to be done. Feel you aren't doing a good job
	Eyes - Sty	Not seeing the best in another person. Unresolved anger towards someone. Hanging on to feelings of resentment
	Eyes - Watery	Unable to express an inner grief. Unable to say what you would like to
	Eyes : Retina represents your feelings; Fovea represents your thinking. See also: Double Minded which is DONE	They need to work together for proper vision. When we are not <u>"single minded"</u> they begin to separate.

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Face: (Has to do with identity)	Forehead: Reacting to recent conscious thoughts. Paralysis: Judging self harshly. Putting self down in favor of others. Feeling rejected. Feeling fear and anxiety. Having doubts about own competence. Can't face a situation, someone or something. Afraid of losing face. Problems with relationships
Fainting:	Fear of the present. Feeling unable to cope. An excuse to blank out. Not facing what you need to learn. Nothing to look forward to
Falling Over:	Not sure of self. Insecure within
Fallopian Tubes: (Blocked)	Nervous tension of long duration. High-strung temperament
Fat Thighs	Feelings of frustration about moving forward in life. Fear of the future
Fat:	Feel a need for protection. Resistance to forgiving. Hidden anger
Fatigue:	Resisting life. Feeling bored. Not enjoying your place in life. Experiencing "bum out" in one's job or relationship
Feet - Left foot Pointed outward:	Fear of spiritual direction
Feet - Pigeon-toed	Inhibited in your direction
Feet - Right foot Pointed Outward	Fear of physical/material direction
Feet - Toes curled under	Unbalanced direction. Feeling inferior
Feet - Walking on inside:	Fear facing what needs to be done. Difficulty in planting feet squarely on ground
Feet - Walking on sides	Not feeling solid in your direction. Lack of understanding in many aspects of life
Feet:	Not liking the direction you are going. Fear of the future. Fear of stepping forward in life
Female Organs - Cancer Of	See Cancer of Female Organs
Female Problems:	Emotional block where own sexuality is concerned. Feeling inadequate in sexual role. Feelings of fear or guilt about sex. Refusing to "let go" of the past. Rejecting feminine nature. Emotional block where mate is concerned

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	Fever:	Feelings of anger unable to be expressed. Feelings of resistance. Emotionally "burning up" about something. Being affected by lack of order. Holding onto the past
	Fibroid Tumors & Cysts:	The ego has been injured. Unexpressed & unresolved hurts
DONE	Fibromyalgia	See Chronic Fatigue Syndrome for what to clear
	Finger Nails - Biting:	Wanting to destroy oneself. Resisting authority. Over-analyzing tiny details. Unfulfilled desires. Feeling spiteful towards parents. Feelings of frustration
	Fingers - Index:	Affected by Fear & Resentment
	Fingers - Knuckles	See Knuckles
	Fingers - Little:	Affected by Pretense, Deceit & Unforgiveness
	Fingers - Middle:	Affected by Anger, Bitterness & Sexuality
	Fingers - Ring:	Affected by grief & Inability to flow with life
	Fingers - Thumb:	Affected by Worry, Depression, Hate, Anxiety, Guilt & Self-protection
	Fingers:	Fussing over details of life
	Flu:	Fear. Belief in the worst happening to you. Belief in mass negativity. (See Immune System)
	Frigidity:	Unresolved fears, resentments or guilt having to do with sex and sexual relationships. Fixations, complexes or neurotic attachments affecting emotional nature
	Fungus:	Inability to let go of the past. Allowing the past to rule the now. Hanging on to old concepts/can't change
DONE	Gallbladder:	Feelings of bitterness. Feelings of anger. Wanting to force things
DONE	Gallstones: (combined with Gallbladder)	Feelings of bitterness. Feelings of condemnation. Being unyielding. Feelings of pride. Refusing to forgive
	Gangrene:	Morbidity running wild. Unresolved poisonous feelings. Inability to love self with enthusiasm
	Gastritis:	Feelings of uncertainty. Feelings of anxiety.

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	Gingivitis	Fears own incapability. Putting off doing things/responsibilities.
	Glandular Problems:	Living in the past. Long term inappropriate feelings. Unresolved feelings that have created gross imbalance
	Goiter:	Feeling unfulfilled. Feelings of being used. Feel purposes have been thwarted
	Gout:	Judging others harshly. Feelings of impatience. Feelings of anger held inside. Rejecting others or world around you. Wanting to dominate or control others
DONE	Growths:	False sense of pride. Unresolved anger and resentments. Inability to accept Divine help. Spiritual understanding & values out of balance. Nursing buried hurts
	Gum Problems:	Not carrying out decisions once they are made.
	Gums - Bleeding	Pressuring yourself to quit procrastinating Inability to feel joy over decisions
	Hair - Crown Baldness:	Feelings of unworthiness. Difficulty/inadequately accepting self
	Hair - Dry:	Unaware that you can achieve. Holding back. Don't know self. Feelings of inadequacy
	Hair - Falling out	Unable to be flexible in changing your thinking. Not using your own power. Relying on others for your sense of security/safety
	Hair - Graying -Front of head:	Not believing in what you do and say, which Changes your perception of yourself
	Hair - Graying Overnight	Shock from letting go of your power
	Hair - Graying--Back of head	Not accepting yourself
	Hair - Receding:	Feeling inadequate and/or worthless
	Hands - Arthritis:	Rigid, perfectionist or controlling personality. Severe self-criticism and criticism of others. Inflexible feelings repressed & mirrored in the hands
	Hands - Cramps:	Conflict over ability & how to communicate it. Feels unable to communicate well verbally
	Hands - Left:	Receiving or being passive
	Hands - Right:	Giving, reaching out or acting aggressively. Fearing new ideas. Fearing lack of opportunities. Hands have the ability to give or grab; explore or push away, hold on or let go; caress or punch

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	Hands - Sweaty:	Fear of making mistakes. Fear of appearing incompetent or foolish
	Hands:	Has to do with the ability to grasp or let go of ideas
DONE	Hay Fever:	Unresolved feelings of rage or fear. Unresolved feelings of grief or sadness. Repressed tears held back. Repressed aggression. Wanting to get even. Feelings of guilt. Not satisfied with self
DONE	Headaches - Frontal	Holding on to old limitations. Not seeing the good in anything. Feeling you're better than other people
DONE	Headaches - Migraine:	Unable to flow easily with life. Want to take things at own pace. Dislikes being pushed. Inability to handle pressure or stress for long periods. Pushing to control; wants to control
DONE	Headaches - Tension & stress:	Inability to resolve emotional upsets. Hurt feelings going unexpressed. Feelings of inner pressure working on you. Feeling unable to control. Feelings of fear & anxiety getting the best of you. Unpleasant relationships. Inability to face an issue. Manifesting the need to laugh, sing, praise & express gratitude. Impatience with self that you haven't done enough
DONE	Heart Problems:	Violating the laws of love; knowingly or unknowingly. Feelings of compassion or rejection being blocked. Feelings of resentment and/or hurt. Not feeling approval from others. Upsetting family problems. Has a difficult time forgiving (including self). Wanting release from responsibility. In a relationship that hurts
DONE	Hemorrhoids:	On-going feelings of being burdened. Feeling pressured or anxious. Feeling fear or tension. Inability to let go
	Hepatitis:	Not wanting to change. Feelings of anger. Feelings of fear. Feelings of hate
	Hernia:	Angry with what's happening in your life. Feelings of being burdened. Punishing self
	Herpes:	Feelings of guilt. Feelings of shame. Feelings of anxiety. Feelings of anger

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	Herpes-Simplex Virus: See viral - Herpes-Simplex Virus:	Not allowing yourself to be the love that you are. Lack of inner peace. Feelings of guilt, shame, anxiety and/or anger. Wanting to speak words of bitterness. Wanting to complain royally
	Hip joint	Not wanting to accept present experiences. Non-acceptance of physical experiences
DONE	Hips:	Fears of making major decisions. Has nothing to look forward to. Lack of emotional & physical self-support
	Hives:	Small hidden fears. Fears that are finally surfacing. Feeling mistreated. Inability to view things with the correct perspective. Anger-perceiving someone has inflexible behavior. Wanting to protest, but unable to
	Hodgkin's Disease:	Inability to accept self. Frantic need to feel accepted. Feels a continual need to prove self
	Hot flashes:	False belief that they can't be avoided. Anger at not having control of own body
	Huntington's Disease:	Feelings of resentment for inability to change others. Feelings of hopelessness & helplessness. Feelings of deep sorrow
	Hyperactivity:	Always wanting needs to be met, but feels helpless to have it happen. Frustrated due to inability to feel peace
DONE	Hypertension (High Blood Pressure):	Feels a strong need to be in control of everything. Allowing people or situations to bother you. Letting your emotions and reactions rule you. Not minding your own business. Interfering with others
	Hyperthyroidism:	Feelings of rage for being overlooked
	Hyperventilation:	Distrusting the flow of life. Feelings of resistance to life and its uncertainties
	Hypoglycemia:	Feelings of overwhelmed burdens. Feeling a lack of joy in life. Feel unsuccessful so pressure yourself to be successful
	Hypotension (Low Blood pressure):	Being more devoted to outside things than to yourself. Not loving yourself. Loss of enthusiasm and drive
	Hypothalamus: (Governs pituitary & pineal gland which in turn governs endocrine system)	Feelings of rage. Feelings of insecurity. Feelings of displeasure. Feelings of sadness. Feelings of anxiety. Feeling restricted in some area of your life

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	Immune System:	Any feelings that go against your inner peace. Giving up. Inability to care (feeling) for others. Feeling that "everything is out of my control". Feeling "there's no use trying anymore". Feeling "I'm not enough"
	Impotence:	Conflicting ideas about sex. Fear, resentments or guilt having to do with sex and sexual relationships. Unresolved fears towards mother. Psychic obsessions or sexual frustration. Emotional nature affected by complexes, fixations or neurotic attachments Also see Male Problems
DONE	Incontinence:	Weary of controlling the emotions. Overflowing emotions. Guilty of not being loyal to yourself
DONE	Incurable Disease:	Long standing condemnation of self & others. Need to forgive all situations & people of the past
DONE	Indigestion:	Feeling everyone is against you. Feel you need to fight your way through life. Feelings of anxiety. Fear of losing job; losing security. Lack of understanding what, how, when, where or why in life
	Infection:	Feelings of hostility. Feelings of anger being manifested. Feelings of suspicion or annoyance
	Inflammation:	Feelings of rage. Feelings of anger or fear
	Influenza:	Believing the worst will happen to you. Fearing the worst
	Injuries:	Feelings of guilt & a need to be punished. Feeling angry toward self, so needs to suffer
	Insanity:	Unable to let go of old ideas or things of the past. Wanting to escape. Strong desire to separate or withdraw from life. Inability to cope. Wanting to flee from family
	Insomnia:	Tensions in life. Deep seeded guilt. Feelings of fear & anxiety. Reaction to potential threatening situations. Worrying about being able/good enough to do what is needed
DONE	INTESTINAL DISEASES: (includes both the large and small intestines, but not the stomach.)	Inability to assimilate & absorb the new in life. Wanting to live in the past. Desire to stay in comfort zone Also see bowels
	Itching:	Desires gone unfulfilled. Having a difficult time accepting where you are in life. Wanting more than you are getting out of life. Feelings inadequate or unworthy

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	Jaundice:	Not allowing self or others to just "be". Experiencing difficulty in loving self
	Jaw Problems (T M J Syndrome):	Feelings of rage. Subconsciously wanting revenge. Inability to express how one feels
	Jet Lag:	Living in the past/Not in present time
DONE	Joints:	Feelings of resentment. Suppressing hurt feelings
	Kidney Problems:	Extension of bladder but more severe. Insensitive to situations where caring & concern should be exhibited. Trying to control life. Being disloyal to self. Being over judgmental. Feeling emotional confusion. Deep subconscious resentments toward people & experiences of the past. Unfounded criticism of others. Repressed emotions. Don't have a good relationship with yourself. Leaving yourself out to please someone else
	Kidney Stones:	Hardened anger. Poor relationship with self & others
DONE	Knee - Left	Need to be more receptive to events. Feelings of insecurity. Experiencing unresolved stress
DONE	Knee - Right	Need to be more assertive. Not wanting to give in to authority
DONE	Knee Problems:	Unable to be flexible. Not wanting to bend, usually to authority. Ego gets in the way. Pride gets in the way. Stubborn-wanting own way
	Knuckles:	Lack of flexibility in feeling nature. Lack of Acceptance. Inability to change viewpoint
	Laryngitis:	Fears of voicing opinions. Feelings of resentment toward authority. Repressed emotions & fears. Gripped anger. Irritation at someone or some situation
	Left-Right Split - Brain/Mind	Left: Spiritual direction/Feminine side/Protecting/Receiving/Taking side. Right: Physical direction/Masculine side/Fighting/Giving/Releasing side
	Leg Paralysis:	Avoiding situation you don't like. Avoiding something you are afraid of
	Leg Problems:	Fear of moving ahead with life. Fear of change. Has difficulty in being resolute about issues. Inability to understand

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	Leukemia:	<p>Feelings of deep depression. Feelings of anger or ill will. Significant loss of a parent or a career position. Feelings of total helplessness. Giving up or quitting. Unable to express emotions. Feeling present conditions & future possibilities are intolerable. Feelings of despair & futility</p> <p>Also see Cancer Of The Blood - Leukemia</p>
	Leukorrhea:	<p>(a white to yellow viscid discharge from the vagina or uterine cavity, which may be a symptom of a disorder either in the reproductive organs or elsewhere in the body)</p> <p>Sexual guilt. Feeling powerless. Feeling anger toward mate</p>
	Ligaments:	<p>All about control. Controlling others or letting others control you, or-. Not being able to control yourself</p>
	Lips - Cracked corners	<p>Feelings of frustration. Can't say more for fear of saying wrong thing</p>
	Lips - Parched	<p>Feeling frustrated at inability to impart knowledge</p>
DONE	Liver Problems: (Anger Center)	<p>Feelings of unresolved anger. Feelings of resentment & pettiness. Being judgmental. Critical thoughts. Not forgiving self & others. Feelings of injustice & revenge. Feelings of self-condemnation. Feelings of regret over the past. Feelings of sadness. Being possessive</p>
	Lock Jaw:	<p>Feelings of rage. Wanting to control. Inability to express how one feels</p>
	Lou Gehrig's Disease: (ALS, or amyotrophic lateral sclerosis)	<p>Unwillingness to accept self-worth. Denial of success</p>
	Lumps:	<p>Feeling inadequate or unworthy. Not trusting yourself. Frustration at not moving forward in life. Feeling blocked</p>
DONE	Lungs	<p>Feelings of grief. Not feeling approval. Hurts where love is concerned. Feels life is monotonous. Not being able to do things your way</p>
	Lupus:	<p>Feelings of deep-seeded (seated) grief. Feels like "giving up". Laughing on the outside, but crying on the inside.</p>

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	Lymph System:	Lack of enthusiasm. Unable to feel acceptance. Negative thoughts against yourself
	Lymphatic Vessels	Breaking the laws of love. Breaking the laws of peace & joy. Resentment, hatred or anger built up inside
DONE	Male Problems:	Feeling inadequate in sexual role. Refusing to let go of the past. Feeling guilt for sleeping around. Holding onto unpleasant memories of previous relationships. Feeling unfulfilled in love Also see Testicles, Impotence
	Mastoiditis: (Most often in children)	(Mastoiditis is the result of an infection that extends to the air cells of the skull behind the ear. Specifically, it is an inflammation of the mucosal lining of the mastoid antrum and mastoid air cell system inside the mastoid process.) Not wanting to hear what is happening in surroundings. Fears that affect the understanding. Feeling left out
DONE	Memory: (Lack of)	Feel others aren't interested in what you know. Don't feel valued
	Meningitis:	Not open to new insights. Feels to know it all
	Menopause:	Fears this time of life & getting older. Fears being rejected. Feeling useless
	Menstrual Problems:	Unresolved feelings of guilt. Fears role as a woman. Feels no joy in being a woman
	Mind:	Over analyzation. Fear of the unknown
	Miscarriage:	Fears timing is "wrong". Fears what the future will bring. Fears the responsibility of baby
	Moles:	Feeling inadequate or unworthy (usually generational). Growths from false beliefs about the self. (Can be congenital/inherited)
	Mononucleosis:	Feeling unloved. Feeling unworthy. Feelings of anger from not being appreciated
	Motion Sickness:	Fears not having control
	Mouth Problems:	Resistant to change. Fears moving out of comfort zone. Opinionated Also See: Pyorrhea (Infection of the gums);, Gums - Bleeding, Gum Problems, Jaw Problems (T M J Syndrome), teeth,

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	Multiple Sclerosis:	Unwilling to be flexible. Unreceptive to new ideas. Hard on self; blames self. Incorrect use of will. Unforgiving of self or others. Lack of communication with others
	Muscle Cramps:	Stubborn nature. A willful attitude. Resists moving forward in life
DONE	Muscles:	Feelings of guilt. Not performing to your standard. Unable to 'own' something you have or have not done
	Muscular-Skeletal Diseases: (Muscular Dystrophy)	A form of self-created paralysis to keep from hitting someone or moving forward. Deep seeded anger that has not been resolved. Feels "I must experience pain"
	Myasthenia Gravis:	(Myasthenia gravis (MG) is a long-term neuromuscular disease that leads to varying degrees of skeletal muscle weakness. The most commonly affected muscles are those of the eyes, face, and swallowing.) Laughing on the outside, but crying on the inside. Feelings of helplessness in being able to change conditions. Deep-seeded grief. Feels like giving up. Fears a change in life
	Nail-Biting:	See Fingers - Nail Biting
	Narcolepsy:	Wishing you were somewhere else. Don't want to cope anymore. Weary of responsibilities. Wishing responsibilities would go away
	Nausea:	Rejecting the visualization of something you don't want to see. Wishing an undesirable situation had never happened. Fear of something about to happen
DONE	Neck Problems:	Moving under pressure. Want to let feelings out but don't dare. Inflexible state of mind. Not wanting to yield to opinions you think are wrong. Non-acceptance & rejection of others
	Nephritis:	(Nephritis is inflammation of the kidneys and may involve the glomeruli, tubules, or interstitial tissue surrounding the glomeruli and tubules.) Feelings of disappointment. Feelings of failure. Feeling life is unfair
	Nerves - Parasympathetic:	Holding onto things or people of the past that need releasing. Need to be congruent in your communication with self
	Nerves:	Influenced by thoughts & feelings. How the body communicates within

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	Nervous Breakdown:	Inability to communicate true feelings. Fear of the future. Not recognizing/accepting own power
	Nervousness:	Inability to communicate feelings adequately. Fear of the future. Feelings of anxiety. Confused thinking
	Neuritis.	Feeling of being irritated without your consent. Your power is negated because of being irritated
	Neurosis:	Feeling of overload; pressures in life too hard to bear. Feeling there is no letting up; "can't quit"
	Nodules:	Feelings of frustration & resentment. Feel you always have to prove yourself. Ego feels in jeopardy
	Nose - Bleeds	Feeling overlooked
	Nose - Blocked:	Not enjoying life
	Nose - Broken:	Rebelling against learning due to resentment
	Nose - Bulbous	Continually going against your feelings. Compromising your principles
	Nose - Numbness:	Not expressing love. Not expressing consideration
	Nose - Post Nasal Drip	See Post Nasal Drip
	Nose - Runny:	Crying on the inside; wanting help, or running away from unwanted responsibility
	Nose - Stuffy:	Not accepting your worth. Desire for love. Impatience. Unwilling to just be your Self
	Obesity:	Using food as a substitute for affection. Inability to admit to self or others what you really desire. Inability to express true feelings. Seeking love. Protecting the body. Trying to fulfill the self. Stuffed feelings
	Osteomyelitis:	Feeling a lack of support. Feeling frustrated with life. Feeling angry at life
	Osteoporosis:	Feeling totally unsupported in life
	Ovaries:	Feelings of loneliness. Desire to feel love and respect. Feeling inadequate in sexual role

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DONE	Over-Eating: (Compulsive)	Tension. Feeling a material-emotional lack. Craving closeness. Putting on emotional armor. A symbol of power & desire to throw one's weight around. Emotional energy based on anger & resentment
DONE	Overweight:	Feelings of insecurity. Feelings of self-rejection. Wanting to protect the body. Seeking love and fulfillment Attempting to fulfill the self. Feelings are being stuffed inside. Unexpressed, mis-perceived & inappropriate feelings
	Pain:	God trying to get your attention. Repressed anger & frustration. In a relationship that hurts. Feelings of guilt. Indicating that something is imbalanced
	Palsy:	Feeling stagnant in life. Feel you can't move forward
DONE	Pancreas:	Feelings of judgment. Feelings of guilt. Low self-esteem. Suppressing laughter. Incorrect use of ego. Feels the joy of living is gone/not allowing joy. Ashamed of something you have done. (some people say over control, especially of others)
	Paralysis of Left arm:	Difficulty in receiving from others
	Paralysis of Right arm:	Difficulty in giving to others. Resistance to an unexplained hardness of will. Tension of the mind
	Paralysis:	Feeling overwhelmed by responsibilities. Sub-consciously wanting to escape. Resisting life. Fear of the future
	Parathyroid:	Unresolved anger
	Parkinson's Disease:	Not understanding a fear you have, which stops you from believing in what you do and say. Lack of inner communication. Wanting full control. Fears - not being able to control
DONE	Pelvis:	Unable to remain grounded or focused in emotional activity. (POORLY WORDED) Relates to holding on to sexual feelings ALSO SEE Back - Lower
	Phlebitis:	Feelings of being trapped. Feeling there is no way out. Feels life's immediate problems can't be solved

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	Pimples:	Unresolved frustrations. Hidden anger surfacing. Dislike of self
	Pineal Gland: (Corresponds with inner seeing & hearing)	Refusing to receive understanding & enlightenment. Misusing faith
	Pink-Eye:	Feelings of frustration. Feelings of anger at present situation. Wanting to obscure what is going on around you
	Pituitary Gland:	Continually picturing ill health or sickness. Feelings of being a constant recipient of bad luck/misfortune. Not being able to see good in all things
	Plantar Wart:	Frustrated about life & the future. Deep seeded anger
	Pleurisy:	Feelings of antagonism. Feelings of hostility. Lack of enthusiasm for what you are doing
	Pneumonia:	Weary of life. Deep emotional hurts that have not healed. Feelings of desperation
	Post-Nasal Drip:	Crying on the inside. Feelings of inner grief. Feeling you are a victim
	Premenstrual Syndrome: (PMS)	Relinquishing power to others. Rejecting the feminine aspect of self
	DONE Prostate Problems:	Ideas are in conflict about sex. Refusing to let go of the past. Fear of aging. Feel like throwing in the towel
	Psoriasis:	Emotional insecurity. Holding onto feelings/fears that go against you. Not speaking your truth with love. Unwilling to be accountable for own feelings. Unresolved, deep-seeded hurt feelings surfacing
	Pyorrhea:	(Purulent inflammation of the gums and tooth sockets, often leading to loosening of the teeth.) Angry at self for not being able to make decisions
	Rash:	Being irritated by something or someone. Unable to flow with life
	Respiratory Problems:	Not feeling approval. Lack of love. Fears living life to the fullest
	Rheumatism:	Feelings of resentment & wanting revenge. "I'm a victim" syndrome. Long-standing bitterness. Has a problem loving self & others

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	Right-Left Split of Brain/Mind	Right Side: Physical direction/ Masculine side. Fighting/Giving/Releasing side. Left Side: Spiritual Direction/ Feminine side. Protecting/Receiving/Taking side
DONE	Sacroiliac Joint Problems:	Feel you're in the wrong place (job, city, relationship, etc.) Also see Back problems
DONE	Sacrum - See Sacroiliac Joint Problems	See Sacroiliac Joint Problems
	Salivary Gland: (Sublingual Gland)	Not following through with your insights
DONE	Sciatica:	Mental anxieties regarding creative abilities. Sexual abnormality or frustration. Over-concerned with money issues. Disregarding your own desires. Being double-minded (Thoughts and Feelings don't match) Also see Back problems
	Senility:	Inability to stay in the present. Longing to return to security of by-gone years. Wanting to control those around you. Not willing to change your life. Don't want to be in the situation you're in. Unhappy with this time of life
	Sex Organs:	Feelings of apathy. Feeling separated
	Sexual Issues (added by Glenn) (Inability to let go and enjoy fully or misuse of sex) List of Illnesses	Bladder problems, Female problems, Fingers-middle, Frigidity, impotence, Leukorrhea, Male Problems, Ovaries, Pelvis, Prostate problems, Sciatica, Vaginitis, Venereal disease
Done	Sexual Issues (added by Glenn) (Inability to let go and enjoy fully or misuse of sex) Feeling from list of Illnesses	Feelings of fear about sex. Fear, resentments or guilt having to do with sex and sexual relationships. Unresolved fears and feelings towards mother and/or father. Feeling guilt for sleeping around. Feeling guilty about sexual activities. Holding onto unpleasant memories of previous relationships. Holding on to sexual feelings that are no longer appropriate. Sexual identity going unexpressed. Conflicting ideas about sex. Repression of sexual feelings. Emotional block where own sexuality is concerned. Emotional block where mate is concerned. Inharmonious male & female emotional relationships. Bitterness about Sexuality. Feeling inadequate in sexual role. Sexual abnormality or frustration. Psychic obsessions (Does she mean an unhealthy psychic bond you can't break?) Sexual frustration.

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	Shingles: (Herpes Zoster)	Fear things won't work out the way you want. Over-sensitive. On-going tension concerning a situation. Hostile energy being manifest. Lack of inner peace. Recurring problem of unworthiness
	Shins:	Not being true to ideals & values
DONE	Shoulder - Left:	Relates to family
DONE	Shoulder - Right:	Relates to financial
DONE	Shoulders - Hunched & Sloped:	Feels life is a tough struggle
DONE	Shoulders - Round	Feeling Hopeless/Helpless
DONE	Shoulders - Scoliosis:	Inability to trust life
DONE	Shoulders: (Our expressive part)	Bearing burdens that don't belong to you. Life is too great a burden to bear. Carrying stressful responsibilities. Lacking in courage
	Sickle Cell Anemia:	Feelings of inferiority
Done	Sinus Trouble:	Trying to call the shots in someone else's life. Dominating possessive. Being irritated by a person close to you
	Skin	Also see Acne, cysts, Eczema, itching, psoriasis, rash, shingles, warts
	Skin Cancer	See Cancer - Skin
	Skin Disease:	Unresolved feelings of irritation. Unresolved feelings of criticism. Disturbed reactions over trivial things. Lack of security. Feelings of impatience. Feeling bored. Feeling unsettled
	Skin Rashes:	Inner conflicts surfacing. Someone or something is irritating you. Feeling frustrated at not being able to accomplish something
DONE	Slipped Disc:	Feeling indecisive about life. Feeling no support in life
DONE	Smoking	(added by Glenn and specific to Glenn)
	Snoring:	Refusal to eliminate old patterns. Not being devoted to self
DONE	Sore- Throat:	Feelings of anger going unexpressed. Other negative feelings going unexpressed
	Spasms:	Thoughts & feelings of fear
	Spastic Colon:	Intense feelings of insecurity. Unable to let go and flow with life

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	Spinal Meningitis:	Unresolved feelings of rage. Inflammatory thoughts
DONE	Spine: (Has to do with the ego)	Ego getting carried away in pride. Allowing your intellect to let you down. Afraid to live in your feelings. Feelings of shyness. Feelings of inferiority. Not supporting or standing up for yourself
	Spleen:	Lack of self-love. Not being sincere with self and others due to lack of self-love. Not allowing self to feel others' love/feeling rejected. Emotional conflicts. Feelings of intense anger/antagonism. Feelings of agitation & melancholy
	Sprains:	Feelings of resistance. Inability to change directions in life
	Spur:	A build-up of resentment
	Sterility:	Extreme nervous tension. Hard & cold in attitudes
	Stiffness:	Inability to give. Inflexible in opinions & attitudes. Rigid feelings in whichever area it is in
	Stomach Cancer	See Cancer - Stomach
DONE	Stomach Problems:	Our sense of security feels threatened. Fears new ideas. Lack of affection. Condemning the success of other people. Unhappy feelings
	Stroke:	Rejecting life at a deep level. Extreme resistance. Impatience with self for not improving a situation. Impatient for not being able to perform like you want to. Self-violence. Feeling overloaded with the pressures of life. Feel like "giving up"
	Stuttering:	Wanting to protest, but dares not. Feels inferior. Doesn't accept self. Unable to express self. Emotionally insecure. Having to always please authority figures
	Sty:	Not seeing the best in another person. Unresolved feelings of anger toward someone. Hanging on to feelings of resentment
	Suicidal:	Feeling totally unable to resolve life's problems. Feels there is no hope for tomorrow. Feeling "What's the use". Feels "Everyone would be better off without me"
	Swelling:	Holding onto negative feelings

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DONE	Tailbone: (Coccyx)	Unduly concerned with material needs & survival needs
	Teeth - Abscess	Procrastinating in carrying out plans
	Teeth - Lower:	Impatience
	Teeth - Painful:	Inability to be decisive
	Teeth - Upper:	Not understanding the big picture
	Tendons (Knots in)	Mental poisons. Unwilling to accept full stature. Need to forgive self. Inflexibility in mind sets
DONE	Testicles:	Rejecting masculinity Also see Male Problems
	Thalamus:	Impatience. Feeling criticized
	Thighs (Fat)	Feelings of frustration about moving forward in life. Fear of the future
DONE	Throat:	Feelings of anger that have been restrained. Strong critical words have been spoken. Swallowed emotional hurts. Not having your own way. Feelings of confusion. Lack of discernment. Knowledge used unwisely
	Thrush:	Feelings of anger for making incorrect choices
	Thymus (Master Gland)	Feeling persecuted. Feeling picked on. Feeling life is unfair. Feeling unprotected
DONE	Thyroid:	Conflict between the conscious & the subconscious. Lack of love for Self. Fears self-expression. Deep sense of frustration/anxiety. Lack of discernment
DONE	Tinnitus - (Ringing in the ears): (Script done as EARS - Tinnitus)	Refusing to hear ones inner voice. Not wanting to listen to higher laws. Intolerant
	Toes - Ingrown Toenail	Continually worrying. Guilt feelings about your right to move forward. Holding Self back
	Toes:	Worrying about minor details of the future
	Tongue:	Not speaking truth. Inability to taste the beauty & joy of life
	Tonsils:	Tense will. Repressed fear or anger. Irritation at someone or something. Not getting own way

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DONE	Toxins:	Negative feelings and thoughts against yourself. Giving away your power
	Tuberculosis:	Continual selfishness. Feeling possessive. Being cruel to others
	Tumors: (False growths)	Suppressed emotional hurts. Holding onto feelings of hatred & anger. Feelings of remorse. Jealousy. Not trusting self or others. False sense of value & pride. Results from not forgiving & releasing (forgetting) resentment. Feeling of "No one cares". Doesn't feel close to parents. (Remember - Forgiveness & Love are the two greatest solvents)
DONE	Ulcers - Peptic	Feels a lack of self-worth. Feels responsible for pleasing everyone
DONE	Ulcers:	Worrying over details. Conflict as to capability. Frustration at not having things go the way you want. Pressures are too much to bear. Feelings of anxiety, fear or tension. Seeking revenge. Feelings of conflict/helplessness/powerless
	Underweight:	Worries/Fears. Distrusting life. Feeling extreme tension
	Urinary Infections:	Putting blame on others for your problems. Allowing another to irritate you
	Uterus:	Has to do with unresolved feelings towards mother. Negative feelings toward creative aspect of life
	Vaginitis:	Feels sexual guilt. Feels a need to punish self. Feels a loss of someone or something loved.
	Varicose Veins:	Pronounced tension. Wanting to run away. Feelings of discouragement. Feelings of negativity & resistance. Feeling overburdened
	Venereal Disease:	Feels a need to be punished. Feeling guilty about sexual activities
	viral - Herpes-Simplex Virus:	Not allowing yourself to be the love that you are. Lack of inner peace. Feelings of guilt, shame, anxiety and/or anger. Wanting to speak words of bitterness. Wanting to complain royally
	Viral Infections:	Bitterness & ugliness overshadowing the beautiful & good in life. Belief that "I get everything that comes along"
	Vomiting:	Rejecting the visualization of what you don't want to accept. Feelings of disgust. Wanting to get rid of these emotions

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	Warts:	Refusing to see the beauty in life. Feelings of hate taking form. Built up feelings of inadequacy or unworthiness. (Also see Planters Wart)
DONE	Wrists:	Holding onto outmoded beliefs about life and self. Imbalanced in giving or receiving/over doing on one or the other
	Yeast Infections:	Deep and unresolved resentments. Lack of self love. Inability to claim one's own power. Unable to love & support the self. Unable to accept the self. Not recognizing own needs

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Feelings with Several Illnesses/Symptoms Associated with them

<p>Future - Fear of, overly concerned, etc (Illnesses associated with)</p>	<p>See in Illness Tables: Coughs, Eyes, Eyes-Cataracts, Fat Thighs, Feet, Leukemia, Miscarriage, Nervous Breakdown, Nervousness, Paralysis, Planter Wart, Toes</p>
<p>Past - Not letting Go, Living In, Etc (Illnesses associated with)</p>	<p>See in Illness Tables: Corns, Diabetes, Elimination Problems, Female Problems, Fever, Fungus, Glandular Problems, Incurable Disease, Insanity, Intestinal Diseases, Jet Lag, Kidney Problems, Liver Problems, Male Problems, Nerves - Parasympathetic, Prostate Problems, Spastic Colon</p>
<p>Sexual Issues (added by Glenn) (Inability to let go and enjoy fully or misuse of sex) (Illnesses associated with)</p>	<p>See in Illness Tables: Bladder problems, Female problems, Fingers-middle, Frigidity, impotence, Leukorrhea, Male Problems, Ovaries, Pelvis, Prostate problems, Sciatica, Vaginitis, Venereal disease</p>