

Questions to assist in pinpointing a prompt - Unhipili ADDED

Keep in mind that the undesired issue can be physical, emotional or mental and includes habits and obsessions/compulsions.

Questions to ask yourself and Great Spirit. Set the ego aside. Let go of all expectations and desires as to the answer. Clear them as guided.

First question: “Is this a prompt?” What I am asking is if I need to do some healing, releasing and transmuting at the spiritual level using my conscious mind.

If the answer is no, you need to ‘work’ at the physical, emotional/feeling and mental levels here in 3D. There is always ‘work’ to do at the Spiritual and energetic levels, however, sometimes the physical, emotional/feeling and mental levels need to be addressed more directly.

If the answer is yes, the most important ‘work’ is at the Spiritual level. You may also want to ask, “What are you trying to tell me?” Without healing at the Spiritual/Energetic level the symptom or problem may come back as the same problem or even a new one. Also work in the 3D.

3D explanation and Levels of healing:

First Level Diet Therapy, Exercise, Osteopathy & Chiropractic, Surgery, Physical Therapy, Drugs & Herbs, Orthomolecular Medicine, Aromatherapy, Healthy Life Style

Second Level: Micro current Therapies, Acupuncture, BodyWork/Touch, Breath Therapy, Yoga, Qigong, Meditation, Radiation Therapy

Third Level: Mental Field Therapy, Psychotherapy, TFT (Thought Field Therapy), EMDR (Eye movement desensitization and reprocessing), Homeopathy

Forth Level: Systemic Family Constellation, Color and Sound Therapies, Shamanism, Hypnotherapy, Jungian Psychotherapy, Radlonics, Rituals

Fifth Level: Is beyond 3D. It is between the individual and Great Spirit/God/Divinity. It includes Self Healing, Prayer, Awareness, LOVE and True Meditation

Infinite Levels of Healing. There may be infinite levels. The conscious mind needs to know the five above.

You may want to ask for another name in addition to your birth name too if you were given another name by a group or if you gave yourself another name. Nick names like ‘Bill’ for ‘William’ probably would be covered by asking for your birth name.

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Illness Or Pain (can also be used for habits/ obsessions/ compulsions)

Question / Statement (replace the word 'illness with the appropriate word) Name the problem/challenge: ()	Answer needs to be	Answer before clearing	Answer after clearing
This illness, discomfort or habit is a prompt.			
Do I seek attention through my illness(s)?	NO		
Does (Full birth name) seek attention through his/her illness(s)?			
Does my Unihipili seek attention through his/her illness(s)?			
Am I invested in my illness(s)?	NO		
Is (Full birth name) invested in his/her illness(s)?			
Is my Unihipili invested in his/her illness(s)?			
Would I feel lost without my illness(s)?	NO		
Would (Full birth name) feel lost without his/her illness(s)?			
Would my Unihipili feel lost without his/her illness(s)?			
Am I punishing myself through this illness?	NO		
Is (Full birth name) punishing himself/herself through this illness?			
Is my Unihipili punishing himself/herself through this illness?			
Do I truly want to be healed?	YES		
Does (Full birth name) truly want to be healed?			
Does my Unihipili truly want to be healed?			
Do I truly want to be cured?	YES		
Does (Full birth name) truly want to be cured?			
Does my Unihipili truly want to be cured?			
Is my intention set to heal?	YES		
Is (Full birth name) intention set to heal?			
Is my Unihipili's intention set to heal?			
Is my intention to heal pure and clear?	YES		
Is (Full birth name) intention to heal pure and clear?			
Is my Unihipili's intention to heal pure and clear?			
Is my intention to heal completely?	Most effective if Yes		
Is (Full birth name) intention to heal completely?			
Is my Unihipili' intention to heal completely?			
Do I truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does (Full birth name) truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does my Unihipili truly want to stay here on earth in this physical body for a while? (specify time if desired)			

Finances, Abundance and Prosperity

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
My financial woes is a prompt.	N/A		
Do I seek attention through my financial woes?	NO		
Does (<u>Full birth name</u>) seek attention through his/her financial woes?			
Does my Unihipili seek attention through his/her financial woes?			
Am I invested in my financial woes?	NO		
Is (<u>Full birth name</u>) invested in his/her financial woes?			
Is my Unihipili invested in his/her financial woes?			
Would I feel lost without my financial woes?	NO		
Would (<u>Full birth name</u>) feel lost without his/her financial woes?			
Would my Unihipili feel lost without his/her financial woes?			
Am I punishing myself with my financial woes?	NO		
Is (<u>Full birth name</u>) punishing himself/herself with his or her financial woes?			
Is my Unihipili punishing himself/herself with his or her financial woes.			
Do I feel, believe and know it is possible to be financially independent, self sufficient and wealthy and still be in harmony with LOVE and the highest good, and to fulfill my soul's purpose in this lifetime?	YES		
Does (<u>Full birth name</u>) feel and know it is possible to be financially independent, self sufficient and wealthy and still be in harmony with LOVE and the highest good, and to fulfill his/her soul's purpose in this lifetime?			
Does my Unihipili feel and know it is possible to be financially independent, self-sufficient and wealthy and still be in harmony with LOVE and the highest good, and to fulfill his/her soul's purpose in this lifetime?			

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
Do I truly want to be financially independent and wealthy?			
Does (Full birth name) truly want to be financially independent, self sufficient and wealthy?	YES		
Does my Unihipili truly want to be financially independent, self sufficient and wealthy			
Is my intention set to be financially independent, self sufficient and wealthy?			
Is (Full birth name) intention set to be financially independent, self sufficient and wealthy?	YES		
Is my Unihipili's intention set to be financially independent, self sufficient and wealthy			
Is my intention to be financially independent, self sufficient and relatively wealthy pure and clear?			
Is (Full birth name) intention to be financially independent, self sufficient and relatively wealthy pure and clear?	YES		
Is my Unihipili's intention to be financially independent, self sufficient and relatively wealthy pure and clear?			
Do I feel and believe I am deserving of financial independence and wealth?			
Does (Full birth name) feel and believe he/she is deserving of financial independence and wealth?	YES		
Does my Unihipili feel and believe he/she is deserving of financial independence and wealth?			
AFFIRMATION: I will use my wealth wisely and with LOVE.			
AFFIRMATION: (Full birth name) will use his/her wealth wisely and with LOVE.	YES		
AFFIRMATION: my Unihipili will use his/her wealth wisely and with LOVE.			

Smoking and Other Habits/Addictions

Question / Statement Name of addiction () (smoking, eating sweets, dangerous stunts, etc)	Answer needs to be	Answer before clearing	Answer after clearing
My (habit/addiction) is a prompt.			
Do I seek attention through my addiction?	NO		
Does (Full birth name) seek attention through his/her addiction?			
Does my Unihipili seek attention through his/her addiction?			
Am I invested in my addiction?	NO		
Is (Full birth name) invested in his/her addiction?			
Is my Unihipili invested in his/her addiction?			
Am I punishing myself by my addiction?	NO		
Is (Full birth name) punishing himself or herself by addiction?			
Is my Unihipili punishing himself or herself by addiction?			
Do I (addictions name) to keep any romantic interest/life partner at bay?	NO		
Does (Full birth name) (addictions name) to keep any romantic interest/life partner at bay?			
Does my Unihipili (addictions name) to keep any romantic interest/life partner at bay?			
Do I use (addictions name) as a form of suicide?	NO		
Does (Full birth name) (addictions name) as a form of suicide?			
Does my Unihipili (addictions name) as a form of suicide?			
Would I feel lost without my addiction?	NO		
Would (Full birth name) feel lost without his/her addiction?			
Would my Unihipili feel lost without his/her addiction?			

CAUTION: The following three questions may be better to leave as YES, if that is the answer, until you have learned to quiet your mind in other ways.

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
Do I (addictions name) to quiet, calm, slow down, and/or numb my mind and thoughts?	NO		
Does (Full birth name) (addictions name) to quiet, calm, slow down, and/or numb his/her mind and thoughts?			
Does my Unihipili (addictions name) to quiet, calm, slow down, and/or numb his/her mind and thoughts?			
Do I (addictions name) to block or filter out unwanted thoughts and energies?	NO		
Does (Full birth name) (addictions name) to block or filter out unwanted thoughts and energies?			
Does my Unihipili (addictions name) to block or filter out unwanted thoughts and energies?			
Do I (addictions name) to tone down my intuition and awareness?	NO		
Does (Full birth name) (addictions name) to tone down my intuition and awareness?			
Does my Unihipili (addictions name) to tone down my intuition and awareness?			

Smoking and Other Habits/Addictions continued

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
Do I know how to quiet my mind and keep unwanted and/or intrusive thoughts and energies out with healthy/positive FLOW?	YES		
Does (<u>Full birth name</u>) know how to quiet his/her mind and keep unwanted and/or intrusive thoughts and energies out with healthy/positive FLOW?			
Does my Unihipili know how to quiet his/her mind and keep unwanted and/or intrusive thoughts and energies out with healthy/positive FLOW?			
Am I ready, willing and able to quiet my mind and keep unwanted and/or intrusive thoughts and energies out with healthy/positive FLOW?	YES		
Is (<u>Full birth name</u>) ready, willing and able to quiet his/her mind and keep unwanted and/or intrusive thoughts and energies out with healthy/positive FLOW?			
Is my Unihipili ready, willing and able to quiet his/her mind and keep unwanted and/or intrusive thoughts and energies out with healthy/positive FLOW?			
Am I ready to have the world see me as I AM?	YES		
Is (<u>Full birth name</u>) ready to have the world see him/her as he/she IS?			
Is my Unihipili ready to have the world see him/her as he/she IS?			
Is my intention set to have healthy/positive FLOW?	YES		
Is (<u>Full birth name</u>) intention set to have healthy/positive FLOW?			
Is my Unihipili's intention set to have healthy/positive FLOW?			
Is my intention set to have healthy/positive FLOW pure and clear?	YES		
Is (<u>Full birth name</u>) intention set to have healthy/positive FLOW pure and clear?			
Is my Unihipili's intention set to have healthy/positive FLOW pure and clear?			
Do I truly want to have healthy/positive FLOW?	YES		
Does (<u>Full birth name</u>) truly want to have healthy/positive FLOW?			
Does my Unihipili truly want to have healthy/positive FLOW?			
Is there a frequency (flower essence, essential oil, Zeolite, Celandine, etc.) that will assist in letting go of and releasing the undesired habit/addiction?			

Do I truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does (<u>Full birth name</u>) truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does my Unihipili truly want to stay here on earth in this physical body for a while? (specify time if desired)			

Physical Heart

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
This heart problem is a prompt.			
Do I seek attention through my heart problem(s)?	NO		
Does (<u>Full birth name</u>) seek attention through his/her heart problem(s)?			
Does my Unihipili seek attention through his/her heart problem(s)?			
Am I invested in my heart problem(s)?	NO		
Is (<u>Full birth name</u>) invested in his/her heart problem(s)?			
Is my Unihipili invested in his/her heart problem(s)?			
Would I feel lost without my heart problem(s)?	NO		
Would (<u>Full birth name</u>) feel lost without his/her heart problem(s)?			
Would my Unihipili feel lost without his/her heart problem(s)?			
Am I punishing myself with my heart problems?:	NO		
Is (<u>Full birth name</u>) punishing himself/herself with their heart problems?			
Is my Unihipili punishing himself/herself with their heart problems?			
Do I truly want my heart to heal?	YES		
Does (<u>Full birth name</u>) truly want his/her heart to heal?			
Does my Unihipili truly want his/her heart to heal?			
Is my intention set to heal my heart?	YES		
Is (<u>Full birth name</u>) intention set to heal his/her heart?			
Is my Unihipili's intention set to heal his/her heart?			
Is my intention to heal my heart pure and clear?	YES		
Is (<u>Full birth name</u>) intention to heal his/her heart pure and clear?			
Is my Unihipili's intention to heal his/her heart pure and clear?			

Is my intention to heal my heart completely?	YES		
Is (<u>Full birth name</u>) intention to heal his/her heart completely?			
Is my Unihipili's intention to heal his/her heart completely?			
Do I truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does (<u>Full birth name</u>) truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does my Unihipili truly want to stay here on earth in this physical body for a while? (specify time if desired)			

Digestion and Digestive System Problems

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
My digestive system problem(s) is a prompt.			
Do I seek attention through my digestive system problems?	NO		
Does (<u>Full birth name</u>) seek attention through his/her digestive system problems?			
Does my Unihipili seek attention through his/her digestive system problems?			
Am I invested in my digestive system problems?	NO		
Is (<u>Full birth name</u>) invested in his/her digestive system problems?			
Is my Unihipili invested in his/her digestive system problems?			
Would I feel lost without my digestive system problems?	NO		
Would (<u>Full birth name</u>) feel lost without his/her digestive system problems?			
Would my Unihipili feel lost without his/her digestive system problems?			
Am I punishing myself with my digestive system problems?	NO		
Is (<u>Full birth name</u>) punishing himself/herself with their digestive system problems?			
Is my Unihipili punishing himself/herself with their digestive system problems?			
Do I truly want my digestive system to heal?	YES		
Does (<u>Full birth name</u>) truly want his/her digestive system to heal?			
Does my Unihipili truly want his/her digestive system to heal?			
Is my intention set to heal my digestive system?	YES		
Is (<u>Full birth name</u>) intention set to heal his/her digestive system?			
Is my Unihipili's intention set to heal his/her digestive system?			
Is my intention to heal my digestive system pure and clear?	YES		
Is (<u>Full birth name</u>) intention to heal his/her digestive system pure and clear?			
Is my Unihipili's intention to heal his/her digestive system pure and clear?			
Is my intention to heal my digestive system completely?	YES		
Is (<u>Full birth name</u>) intention to heal his/her digestive system completely?			
Is my Unihipili's intention to heal his/her digestive system completely?			
Do I truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does (<u>Full birth name</u>) truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does my Unihipili truly want to stay here on earth in this physical body for a while? (specify time if desired)			

Life Too Hectic

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
My hectic lifestyle is a prompt.			
Do I avoid looking at things and feeling too much through my hectic life?	NO		
Does (<u>Full birth name</u>) avoid looking at things and feeling too much through his/her hectic life?			
Does my Unihipili avoid looking at things and feeling too much through his/her hectic life			
Am I invested in my hectic life style?	NO		
Is (<u>Full birth name</u>) invested in his/her hectic life style?			
Is my Unihipili invested in his/her hectic life style?			
Would I feel lost without my hectic life style?	NO		
Would (<u>Full birth name</u>) feel lost without his/her hectic life style?			
Would my Unihipili feel lost without his/her hectic life style?			
Am I punishing myself with my hectic life style?	NO		
Is (<u>Full birth name</u>) punishing himself/herself with their hectic life style?			
Is my Unihipili punishing himself/herself with their hectic life style?			
Do I truly want to have a less hectic or even calm life?	YES		
Does (<u>Full birth name</u>) truly want to have a less hectic or even calm life?			
Does my Unihipili truly want to have a less hectic or even calm life?			
Is my intention set to heal my hectic life style and have a more balanced and joyful life?	YES		
Is (<u>Full birth name</u>) intention set to heal his/her hectic life style and have a more balanced and joyful life?			
Is my Unihipili's intention set to heal his/her hectic life style and have a more balanced and joyful life?			
Is my intention to heal my hectic life style pure and clear?	YES		
Is (<u>Full birth name</u>) intention to heal his/her hectic life style pure and clear?			
Is my Unihipili's intention to heal his/her hectic life style pure and clear?			
Is my intention to heal my hectic life style completely?	YES		
Is (<u>Full birth name</u>) intention to heal his/her hectic life style completely?			
Is my Unihipili's intention to heal his/her hectic life style completely?			
Do I truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does (<u>Full birth name</u>) truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does my Unihipili truly want to stay here on earth in this physical body for a while? (specify time if desired)			

Too Much Drama In Life

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
The drama in my life is a prompt.			
Do I feel a need for drama in my life?	NO		
Does (<u>Full birth name</u>) feel they have a need for drama in their life?			
Does my Unihipili feel they have a need for drama in their life?			
Am I invested in the drama in my life?	NO		
Is (<u>Full birth name</u>) invested in the drama in his/her life?			
Is my Unihipili invested in the drama in his/her life?			
Would I feel lost without drama in my life?	NO		
Would (<u>Full birth name</u>) feel lost without drama in his/her life?			
Would my Unihipili feel lost without drama in his/her life?			
Am I punishing myself with the drama in my life?	NO		
Is (<u>Full birth name</u>) punishing himself/herself with the drama in their life?			
Is my Unihipili punishing himself/herself with the drama in their life?			
Do I truly want to have less drama in my life?	YES		
Does (<u>Full birth name</u>) truly want to have less drama in his/her life?			
Does my Unihipili truly want to have less drama in his/her life?			
Is my intention set to heal and do away with the drama in my life and have a more balanced and joyful life?	YES		
Is (<u>Full birth name</u>) intention set to heal and do away with the drama in his/her life and have a more balanced and joyful life?			
Is my Unihipili's intention set to heal and do away with the drama in his/her life and have a more balanced and joyful life?			
Is my intention to heal and do away with the drama in my life pure and clear?	YES		
Is (<u>Full birth name</u>) intention to heal and do away with the drama in his/her life pure and clear?			
Is my Unihipili's intention to heal and do away with the drama in his/her life pure and clear?			
Is my intention to heal and do away with the excess drama in my life completely?	YES		
Is (<u>Full birth name</u>) intention to heal and do away with the excess drama in his/her life completely?			
Is my Unihipili's intention to heal and do away with the excess drama in his/her life completely?			
Do I truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does (<u>Full birth name</u>) truly want to stay here on earth in this physical body for a while? (specify time if desired)			
Does my Unihipili truly want to stay here on earth in this physical body for a while? (specify time if desired)			

Overly Concerned And Overly Anxious For Others

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
My Over Concern And Worry For Others is a prompt.			
Am I overly concerned or overly anxious for others? (name if someone specific in mind)	NO		
Is (Full birth name) overly concerned for others? (name if someone specific in mind)			
Is my Unihipili overly concerned for others? (name if someone specific in mind)			
Am I overly fearful that something wrong may happen to those I care about?	NO		
Is (Full birth name) overly fearful that something wrong may happen to those he/she cares about?			
Is my Unihipili overly fearful that something wrong may happen to those he/she cares about?			
Do I blame myself for the mistakes and hard-times of others?	NO		
Does (Full birth name) blame himself/herself for the mistakes and hard-times of others?			
Does my Unihipili blame himself/herself for the mistakes and hard-times of others?			
Do I allow others what I perceive as mistakes, faults and imperfect actions without judgment?	YES		
Does (Full birth name) allow others what he/she perceives as mistakes, faults and imperfect actions without judgment?			
Does my Unihipili allow others what he/she perceives as mistakes, faults and imperfect actions without judgment?			
Do I forgive others their imperfect actions?	YES		
Does (Full birth name) forgive others their imperfect actions?			
Does my Unihipili forgive others their imperfect actions?			

Self Forgiveness

Question / Statement	Answer needs to be	Answer before clearing	Answer after clearing
Do I forgive my imperfect thoughts?	YES		
Does (<u>Full birth name</u>) forgive himself/herself for their imperfect thoughts?			
Does my Unihipili forgive himself/herself for their imperfect thoughts?			
Do I forgive my imperfect actions?	YES		
Does (<u>Full birth name</u>) forgive himself/herself for their imperfect actions?			
Does my Unihipili forgive himself/herself for their imperfect actions?			
Do I love myself even with my perceived imperfections?	YES		
Does (<u>Full birth name</u>) love himself/herself even with his/her perceived imperfections?			
Does my Unihipili love himself/herself even with his/her perceived imperfections?			